

Don't wait to meet with your Connect team.

THEY'RE YOUR DEDICATED CARE TEAM FOR HEALTH AND WELLNESS.



Your Connect team can help you find high-quality providers and use custom wellness tools to reach your health goals.

Whether your health journey begins at home, at the doctor's office, or in the hospital, your team is here to coordinate your care at each step. They can also show you how to:

- Get the most out of your benefits.
- Find in-network facilities nearby.
- Make important health decisions.
- Access resources like case management, wellness coaching, and virtual health programs.

Your team may reach out to you directly, so make sure your contact information in **My Highmark** is up to date.



Contact your Connect team.

Scan the QR code to contact them in the **My Highmark** app or visit **MyHighmark.com**. You can also call them at the Member Service number on the back of your member ID card.



Because Life.™

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Delaware: Highmark BCBSD Inc. d/b/a Highmark Blue Cross Blue Shield.

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ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。