



Mennonite Spiritual Directors List

April 2018

Compiled by:
Mennonite Church USA Leadership Development

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Mennonite Spiritual Directors List is a directory of Mennonites in the United States (including three internationals) who are qualified and available to offer the ministry of spiritual direction. Fundamentally a ministry of prayer, spiritual direction is a one-with-one relationship in which directors accompany others on their journey to mature faith in Christ

Compiled by Mennonite Church USA Executive Leadership, the directory includes names of persons who have been recommended by area conference, district and denominational leaders. Each individual has provided information regarding training and availability. In addition, a letter of reference has been supplied by their congregation or area conference indicating they are in good standing with their congregation. These persons have also committed themselves to the ethical standards of Spiritual Directors International, which can be seen at www.sdiworld.org/publications/guidelines-ethical-conduct.

Although Mennonite Church USA Executive Leadership does not officially license spiritual directors, we trust the congregations and conferences which have submitted these names. Further information about these persons may be obtained from the schools where they have received training. In addition to offering spiritual direction, many in this directory are also willing to lead spiritual retreats for small groups, congregations, or area conference leaders. Individuals seeking spiritual direction or groups wanting a retreat leader may write or call persons on the list for further information.

This document includes: a) a geographic index by state for locating a director near you; b) an alphabetical listing of directors, with information on their training, level of experience, availability for retreats, and contact information; and c) a document describing spiritual direction, with suggestions on how to find a director, provided by the Steering Group of Mennonite Spiritual Directors Network.

Mennonite Spiritual Directors Network is an association of colleagues who periodically gather for times of retreat, learning, and connecting with each other. Further questions about spiritual direction or about the network can be sent to members of the Steering Group:

East Coast: Kevin Clark, clarkka@emu.edu;
Jane Hooper Peifer, jhooperpeifer@gmail.com
Great Lakes: June Mears Driedger, jmdriedger@mindspring.com
Sally Weaver Glick, svglick@gmail.com
Plains: Eric Massanari, emassanari@gmail.com
West Coast: Marlene Kropf, mkropf@ambs.edu

We pray that this directory will further support spiritual growth toward maturity among many followers of Jesus Christ.

GEOGRAPHIC INDEX

UNITED STATES

Arizona

Tina Schlabach
Sheila K. Yoder

California

Stefanus Haryono
Rebeka Moeljono
Dolores Nice-Siegenthaler
Clare Ann Ruth-
Heffelbower

Colorado

Charlene Epp
Susan Ortman Goering
Mary Etta King
Connie Funk Shelley

Florida

Jeffrey W. Smith
Lavina Miller Weaver

Idaho

Craig D. Morton

Illinois

Julie Carlsen
Janet Elaine Guthrie
Linda K. O. Hovde
Lynette Miller
Jan Rheinheimer
Jane Thorley Roeschley
Jeanne Sears
Ron Sears
Debra Sutter

Indiana

Juliana Bender
Deb Byler
Kelly Carson
Wilma Cender
Teresa L. Geiser
Sally Weaver Glick

Sylvie Gudín
Ronald Guengerich
Jane L. Halteman
Emma Hartman
Lois Johns Kaufmann
Rachel Nafziger Hartzler
Carmen Horst
Rachel Miller Jacobs
Janeen Bertsche Johnson
Nina B. Lanctot
Esther A. Lanting
Charlene Mast
Donna Mast
Evan J. Miller
Joan Yoder Miller
Karla J. Minter
Brenda Sawatzky Paetkau
Willard E. Roth
Margaret Sawatsky
Dan Schrock
Vera Smucker Shenk
Kathy Stiffney
Marie H. Stoltzfus
Sheldon Swartz
Linda Lehman Thomas
Sara Von Gunten
Marilyn Helmuth Voran
Deanna Waggy
Robert (Biff) Weidman
Karen J. Weldy

Kansas

Karen K. Andres
Barbara Krehbiel Gehring
Gail Graber
Eric Massanari
Mark A. Miller
Wendy Wyse Miller
Jill Schmidt Weaver

Michigan

June Mears Driedger
Paul Versluis III

Minnesota

Carol Harder

New York

Jeff Combs
Ruth Yoder Wenger
Dorothy L. Zehr

Ohio

Noel (Tony) Doehrmann
Joyce Horst
H. Jane Miller
Christine Nafziger
Ruth Naylor
Dana Short
Margaret Wenger

Oregon

Rose Marie Barber
Jennifer Lyn Gingerich
Juel Yoder Russell

Pennsylvania

Marilyn Handrich Bender
Melissa Berkey-Gerard
Verle A. Brubaker
John Drescher-Lehman
Sandy Drescher-Lehman
Marlene Frankenfield
Linda Helmus
Saralee (Sally) Martin
Hoover
Philip M. Horst
Thelma W. Horst
Darrel M. Hostetter
Sherill Hostetter
Mary Lou Weaver Houser
Sharon Kraybill

James M. Lapp
Cheryl M. Lehman
Jean Harnish Lengacher
Ruth S. Martin
Laurie Mellinger
Doreen Miller
Debra L. Raudenbush
Lorna Beth Shantz
Robert Smith
Klaudia Brady Smucker
Carol A. Steffy
Roger L. Steffy
Jane J. Stoltzfus
A. Richard Weaver
Ruth S. Weaver
Beth Ranck Yoder
Timothy Zehr

Vermont

Tanya Kurtz Lehman

Virginia

Mary Jo Bowman
Kevin A. Clark
Gloria Diener
Sherah-Leigh Gerber
David Gullman
Mattie Marie Mast
Wendy J. Miller
Jane Hooper Peifer
Sheryl L. Shenk
Hazel Knicely Shirk
Mary Kratz Showalter
Sandy Wenger
Don Yoder
Emma Jean Yoder
Heidi Miller Yoder

Washington

Marlene Kropf
Pat (Patricia) Shaver

West Virginia

Lester Lind
Mary Beth Lind

INTERNATIONAL

AUSTRALIA

Sally Longley

JAPAN

Mark Lee Bartsch
Stephanie Delight Bartsch

MENNONITE SPIRITUAL DIRECTORS LIST - U.S.A.

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ANDRES, KAREN K. 14919 N.W. 160TH St., Newton, KS 67114
Telephone: 316-799-2857 **E-mail:** KKandres4@outlook.com
Congregation: Zion Mennonite **Conference:** Western
Experience: 2008-
Training: B.A. (Bethel College); Spiritual Guidance Seminar for Pastoral Leaders (AMBS); Ordained pastor of MCUSA, currently serving as chaplain in mental health facility.
Retreats: Prayer and healing
Availability: Open to everyone

BARBER, ROSE MARIE 1781 Grove St., Eugene, OR 97404
Telephone: 541-689-5027 **E-mail:** rmzbarber@gmail.com
Congregation: Eugene Mennonite
Conference: Pacific Northwest
Experience: 2006-
Training: M.Div.; certified spiritual director Benedictine Spiritual Formation Program (Benet Hill, Colorado Springs, CO) – 2 year program with certification as spiritual director
Availability: Open to all

BARTSCH, MARK LEE. Kobe, Japan
Telephone: **E-mail:** bartschmark@gmail.com
Congregation: Toledo Mennonite **Conference:** Ohio
Experience: 2001-
Training: M.Div.; Spiritual Directors Training (EMS); Ordained (OH Conf)
Availability: Men by Skype

BARTSCH, STEPHANIE DELIGHT, Kobe, Japan
Telephone: **E-mail:** stechanjapan@gmail.com
Congregation: Toledo Mennonite **Conference:** Ohio
Experience: 2000-
Training: M.Div. – with studies in spiritual formation; Spiritual Directors Training (EMS); Ordained (Ohio Conf)
Availability: Women by Skype

BENDER, JULIANA, 1521-5 Kentfield Way, Goshen, IN 46526
Telephone: 574-971-1831 **E-mail:** julieakosua@gmail.com
Congregation: Hamilton Mennonite Church, Ontario
Conference: Mennonite Conference of Eastern Canada
Experience: 2001-
Training: Spiritual Guidance seminar, AMBS; Certificate of Spiritual Formation, EMS, for completing two institutes of spiritual formation; ordained pastor

Retreats: Prayer, scripture meditation, seasons of the Christian year, aging
Availability: all Christians, seekers, multi-faith followers

BENDER, MARILYN HANDRICH. 26 N. 16th St., Allentown, PA 18102
Telephone: 412-512-2992 **E-mail:** marilynhbender@gmail.com
Congregation: RIPPLE **Conference:** Franconia
Experience: 1997-
Training: Virginia Conference School of Spiritual Formation; M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS)
Availability: Individual spiritual direction

BERKEY-GERARD, MELISSA 5137 Cedar Avenue Philadelphia, PA 19143
Telephone: 917 415-2491 **Email:** Melissa.berkeygerard@gmail.com
Congregation: Germantown Mennonite **Conference:** Unaffiliated
Experience: 2016-
Training: MDiv Princeton Theological Seminary; Certificate in Spiritual Direction, Kairos School of Spiritual Formation.
Retreats: Prayer; scripture meditation; spiritual growth during transitions; healing; seasons of the Christian year; Discernment; integration of spirituality and social justice; contemplative prayer practices; embodied spirituality; healing the image of God
Availability: All are welcome.

BOWMAN, MARY JO 168 Rural Drive, Mount Solon, VA 22843
Telephone: 540-383-7792 **Email:** bowbro@juno.com
Congregation: Community Mennonite Church **Conference:** Virginia
Experience: - 2004-
Training: M.Div. from Eastern Mennonite Seminary 2007 with concentration in spiritual formation; Clinical Pastoral Education.
Availability: Individuals in the Harrisonburg VA area

BRUBAKER, VERLE A 227 N Hellertown Ave, Quakertown PA 18951
Telephone: 267 374-5806 **E-mail:** pastorverle@justswamp.com
Congregation: Swamp Mennonite Church **Conference:** Franconia
Experience: 1997-
Training: M.Div., Spiritual Guidance Seminar for Pastoral Leaders (AMBS)
Availability: Anyone in Eastern Pennsylvania

BYLER, DEB 2441 Southdale Dr, Elkhart IN 46517
Telephone: 574 304-2403 **Email:** debkb22@frontier.com
Congregation: Hively Avenue Mennonite **Conference:** Central District
Experience: 2015-
Training: Spiritual Guidance Practicum at AMBS; MDiv from AMBS; DMin from Columbia International University with an emphasis in Member Care, which is pastoral care for mission workers.
Retreats: Spiritual formation/renewal for survivors of sexual abuse

Availability: I am available to anyone. I have done most of my spiritual direction via Skype since my directees are living overseas.

CARLSEN, JULIE 1262 W Pratt Blvd #3, Chicago IL 60626

Telephone: 847-868-5792 **Email:** holy.listening.julie@gmail.com

Congregation: Living Water Community Church **Conference:** Illinois

Experience: 2011-

Training: Certificate in Spiritual Direction from the Center for Spiritual Direction at North Park Seminary, 2012.

Retreats: Prayer; scripture meditation; seasons of the Christian year; Enneagram

Availability: individual spiritual direction

CARSON, KELLY 5549 E Earl Young Rd., Bloomington, IN 47408

Telephone: 812-202-1563 **Email:** kelly.pat.carson@gmail.com

Congregation: Mennonite Fel of Bloomington **Conference:** Indiana-Michigan

Experience: 1999 – current **Member:** Spiritual Directors International

Training: Spiritual Guidance Practicum; Spiritual Guidance Seminary, Associated Mennonite Biblical Seminary (Elkhart, IN); Master of Divinity with emphasis in pastoral care and counseling, AMBS (2000)

Availability: individual spiritual direction

CENDER, WILMA, Valparaiso IN 46383

Telephone: 219-464-3462 **Email:** wilmacender@gmail.com

Congregation: Valparaiso Mennonite **Conference:** Indiana-Michigan

Experience: 2011-

Training: Spiritual Direction Practicum, AMBS 5/12; Certificate in Theological Studies, AMBS 12/11; Masters, Christian Formation, AMBS 2014

Retreats: Word as individual and group spiritual direction including areas of grief and life disappointment; retreat leading and planning.

Availability: No limits

CLARK, KEVIN A. 8126 Hopkins Gap Rd., Fulks Run, VA 22830

Telephone: 540 867-0409 **E-mail:** clarkka@emu.edu

Congregation: Big Spring Mennonite **Conference:** Virginia

Experience: 1992-

Training: M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS); D.Min. in Spiritual Direction (Graduate Theological Foundation)

Availability: No limits

COMBS, JEFFREY P. 21031 County Route 16 Watertown, NY 13601

Telephone: 315-925-7714 **E-mail:** jeff.combs@aireservny.com

Congregation: Southside Mennonite **Conference:** Ohio

Experience: 1995-

Training: MACL - Christian Spiritual Formation (EMS)

Availability: Limited to men, in congregation or in Springfield area

DIENER, GLORIA 860 Canterbury Court, Harrisonburg VA 22801

Telephone: 540-433-3373 **E-mail:** ggdiener@gmail.com

Congregation: Park View Mennonite Church **Conference:** Virginia

Experience: 2013-

Training: Certificate from Eastern Mennonite Seminary. Summer Institute for Spiritual Formation.

Retreats: Poetry and Prayer

Availability: Local area

DOEHRMANN, NOEL (TONY) 1320 Mill Park Drive, Marysville OH 43040

Telephone: 419-551-1107 **E-mail:** jubileemenno@gmail.com

Congregation: Jubilee Mennonite **Conference:** Ohio

Experience: 2014-

Training: AMBS Spiritual Guidance Seminar 2014-15; Spiritual Direction workshops and classes at EMS, 2012; Hesston College Pastoral Ministries 2008; 1 unit Clinical Pastoral Education 2007.

Retreats: Prayer; scripture meditation; spiritual formation of leaders; baptismal preparation.

Availability: No limits

DRESCHER-LEHMAN, JOHN 1900 Twin Lows Road., Green Lane, PA 18054

Telephone: 215-527-7508 **E-mail:** Johndl118@verizon.net

Congregation: Methacton Mennonite **Conference:** Franconia

Experience: 2003-

Training: Certificate in Spiritual Guidance (AMBS); MSW; Currently practicing LCSW in private practice.

Retreats: Prayer, Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Healing; Guided individual or group retreat

Availability: Open to all individuals both in person and by Skype

DRESCHER-LEHMAN, SANDY 1900 Twin Lows Rd., Green Lane, PA 18054

Telephone: 215-453-1624 **E-mail:** johnsandy82@verizon.net

Congregation: Methacton Mennonite **Conference:** Franconia

Experience: 2013-

Training: Certificate in Spiritual Direction at Kairos School of Spiritual Formation; MA in Christian Education; MSW.

Retreats: Prayer, Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Seasons of the Christian year; Self-care; Rituals of consent to aging.

Availability: Available at our retreat center (www.fernrockretreat.org)

DRIEDGER, JUNE MEARS. 1918 Clifton Ave., Lansing, MI 48910

Telephone: 517 346-7610 **E-mail:** jmdriedger@mindspring.com

Congregation: MSU Mennonite **Conference:** Indiana-Michigan/Central Dist

Experience: 1995-

Training: M.A. in Christian Spirituality (AMBS)

Retreats: Prayer, creativity and faith, women, spiritual formation, spiritual practices, and seasons of the Christian year

Availability: No limits

EPP, CHARLENE. 2400 Simms St, Lakeswood, CO 80215
Telephone: 971 404-4456 **E-mail:** charlenekepp@frontier.com
Congregation: Glennon Heights **Conference:** Mountain States
Experience: 1998-
Training: Spiritual Guidance Seminar (AMBS); M.Div. (AMBS);
training in local convents/prayer centers
Retreats: Women's retreats
Availability: No Limits

FRANKENFIELD, MARLENE 428 Turnberry Way, Souderton, PA 18964
Telephone: 215 527-2748 **E-mail:** marlenefrankenfield@gmail.com
Congregation: Salford Mennonite **Conference:** Franconia
Experience: 2013-
Training: Completed 2 year program at Oasis—Spiritual Direction for
Spiritual Guides, Contemplative Prayer and Spiritual Guidance.
Retreats: Prayer; spiritual formation of leaders; spiritual growth during
transitions; spiritual formation/practices with youth/youth pastors and others;
discernment group for life decisions; self-care; group spiritual direction.
Availability: Everyone is welcome from all ages, all walks of life, and all faith
traditions. My meeting space is in Souderton, Pa. I am open to meeting by
webcam for those who live a distance from my local meeting space.
(www.MarConnections.com)

GEHRING, BARBARA KREHBIEL. 221 S 8th St, Manhattan, KS 66502
Telephone: 785 340-6105 **E-mail:** office@manhattanmennonitechurch.org
Congregation: Manhattan Mennonite **Conference:** Western
Experience: 2008 –
Training: Spiritual Guidance Seminar (AMBS), MSW (University of Illinois)
Retreats: Prayer, scripture meditation, spiritual formation of leaders, baptismal
preparation, spiritual growth during transitions, healing, seasons of Christian
year
Availability: Open to all

GEISER, Teresa L. 2324 Aurora Ave, Elkhart IN 46517
Telephone: 574 612-4048 **E-mail:** chartergeiser@gmail.com
Congregation: Hively Ave. Mennonite **Conference:** Central District
Experience: 2011 –
Training: M.Div. 2012 (AMBS); Spiritual Direction Practicum 2011-2012
(AMBS)
Retreats: Prayer, scripture meditation, spiritual growth during transitions,
healing, seasons of the Christian year, call/discernment
Availability: Available on limited basis—community & church, referrals
welcome in Elkhart area

GERBER, SHERAH-LEIGH 134 Windy Knoll Dr, Rockingham VA 22802
Telephone: 540 705-1295 **E-mail:** Shergerber@gmail.com
Congregation: Harrisonburg Mennonite **Conference:** Virginia
Experience: 2008 –
Training: M.Div., Eastern Mennonite Seminary with participation in the
Summer Institute for Spiritual Formation
Retreats: Prayer, Scripture meditation, Spiritual formation of leaders, Seasons
of the Christian year (such as Advent/Lent)
Availability: I am available to meet with people in Harrisonburg

GINGERICH, JENNIFER LYN 3584 Orchard Heights P1 NW, Salem OR 97304
Telephone: 503 833-2469 **E-mail:** jenniferlg@mennonite.net
Congregation: Salem Mennonite Church **Conference:** Pacific Northwest
Experience: 2011 –
Training: Training in Spiritual Guidance Practicum, AMBS w/Marlene Kropf;
M.Div., AMBS 2012 in Pastoral Care and Counseling; Gestalt Pastoral Care
Foundational Training, 10/2010-5/2012.
Retreats: Transition, Vulnerability/Self Worth, Self Care
Availability: Willamette Valley, Oregon

GLICK, SALLY WEAVER 615 College Ave, Goshen, IN 46526
Telephone: 574 534-1537 **Email:** swglick@gmail.com
Congregation: Open Table Mennonite Fellowship
Conference: Central District
Experience: 2008-
Training: M. Div. (AMBS); Spiritual Guidance Seminar for Pastoral Leaders
(AMBS); Advanced Spiritual Guidance Seminar (AMBS); Gestalt Pastoral Care
Foundational Training (Gestalt Pastoral Care Ecumenical Associates)
Retreats: Prayer, scripture meditation, seasons of the Christian year,
discernment, faith and writing
Availability: No restrictions

GOERING, SUSAN ORTMAN. 1325 Green Gables Cr., Ft. Collins CO 80525
Telephone: 970-568-8724 **Email:** sogoering8@gmail.com
Congregation: Church Planting **Conference:** Mountain States
Experience: 2009-
Training: MDiv, Iliff School of Theology, Spiritual Direction Certificate,
Wellstreams, a program of the Spirituality Network, Columbus, OH..
Retreats: Prayer, Healing, Seasons of the Christian year
Availability: No restrictions

GRABER, Gail 1924 Apache Rd., Moundridge KS 67107
Telephone: 620-345-8564 **Email:** ggraber@mtelco.net
Congregation: Eden Mennonite Church **Conference:** Western District
Experience: 2015-
Training: Independent study Spiritual Direction Practicum through AMBS. Spiritual Formation/Spiritual Direction Program at Heartland Spirit Life Center.
Availability: I am available to serve as spiritual director to persons living in my area. Open to either men or women (both).

GUDIN, SYLVIE. 613 Garfield., Elkhart, IN 46516
Telephone: 574 522-2890 **E-mail:** sylviegudin@gmail.com
Congregation: Fellowship of Hope Mennonite
Conference: Indiana-Michigan
Experience: 2008-
Training: Spiritual Guidance Practicum (AMBS)
Retreats: Spiritual growth during transitions, healing, art and spiritual direction groups
Availability: No restrictions

GUENGERICH, RONALD. 64893 Apple Blossom Ln, Goshen, IN 46526
Telephone: 574 533-3545 **E-mail:** ronaldg@frontier.com
Congregation: Silverwood Mennonite **Conference:** Central District
Experience: 1991-
Training: Currently in training in spiritual direction (Shalem Institute)
Availability: Local men and women

GULLMAN, DAVID. 2336 Mayland Rd., Broadway, VA 22815
Telephone: 540 810-6263 **E-mail:** dgullman@pleasantviewinc.org
Congregation: Crossroads Mennonite **Conference:** Virginia
Experience: 1996-
Training: MACL - Christian Spiritual Formation (EMS)
Retreats: Persons with disabilities and their families
Availability: Limited to persons in local area; retreats may be elsewhere

GUTHRIE, JANET ELAINE 206 W Michigan Ave, Urbana IL 61801
Telephone: 217-840-3314 **E-mail:** janet.elaine@att.net
Congregation: First Mennonite Church of Champaign-Urbana
Conference: Illinois/Central District
Experience: 2010-
Training: Advanced Spiritual Guidance Seminar (AMBS); Spiritual Guidance Seminar at AMBS; M.Div (AMBS)
Retreats: Prayer; Scriptural meditation; Healing; Transitions; Spiritual formation of leaders; Seasons of the Christian year; Monastic wisdom; Celtic spirituality; Rule of life; Mission and vision; Discernment; Pilgrimage
Availability: Open

HALTEMAN, JANE L. 1517 Marquette Blvd, South Bend IN 46628
Telephone: 630 935-3417 **E-mail:** janebishophalteman@gmail.com
Congregation: Kern Road Mennonite **Conference:** Indiana-Michigan
Experience: 1998-
Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS)
Availability: Women and men; individuals or groups

HARDER, CAROL. Shalom Hill Farm, 42194 County Road 3, Windom, MN 56101
Telephone: 651 457-8436 **E-mail:** harder.carol@yahoo.com
Congregation: Faith Mennonite **Conference:** Central Plains
Experience: 2001-
Training: M.A. in Theology (AMBS); Spiritual Guidance Practicum (Center for Spiritual Guidance, Minneapolis)
Retreats: Scripture meditation, prayer
Availability: Women and men; individuals or groups

HARTMAN, EMMA. 720 S 11th St, Goshen, IN 46526
Telephone: 574 536-3540 **E-mail:** office@mccusadc.org
Congregation: Faith Mennonite **Conference:** Central District
Experience: 2000-
Training: Spiritual Guidance Practicum (AMBS); M.A. in Christian Formation (AMBS)
Availability: No limits

HARTZLER, RACHEL NAFZIGER 1410-5 Pembroke Circle, Goshen IN 46526
Telephone: 574-370-8186 **Email:** rach@maplenet.net
Congregation: College Mennonite Church **Conference:** Indiana-Michigan
Experience: 2004-
Training: AMBS Spiritual Guidance Practicum; AMBS Advanced Spiritual Guidance Practicum; Master of Arts in Christian Formation
Retreats: Prayer, Spiritual growth during transitions, Grief, Spirituality & Sexuality
Availability: Individuals or groups

HARYONO, STEFANUS. Claremont School of Theology, 1325 N College Ave, Claremont CA 91711
Telephone: 909 736-8292 **E-mail:** stef7765@hotmail.com
Congregation: Muria Indonesia Christian Church in Pati
Conference: GKMI Synod
Experience: 2001-
Training: M.A. in Christian Formation (AMBS); Spiritual Guidance Seminar (AMBS)
Availability: Women and men

HELMUS, LINDA. 540 Eastside Dr., Lancaster, PA 17601
Telephone: 717 295-9149 **E-mail:** helmus540@dejazzd.com
Congregation: Neffsville Mennonite **Conference:** Atlantic Coast
Experience: 1998-
Training: M.Div (Lancaster Theological Seminary), coursework in contemplative spirituality and spiritual direction; Certificate in Spiritual Direction (Oasis Ministries)
Retreats: Spiritual practices for every day, seasons of the Christian year, Sabbath keeping, Celtic spirituality, desert spirituality, women and wellness
Availability: Local women

HOOVER, SARALEE (SALLY) MARTIN 1517 Hampden Blvd, Reading, PA 19641 **Telephone:** 484 219-0617 **E-mail:** SMartinHoover@gmail.com
Congregation: none **Conference:** none
Experience: 2001-
Training: Lancaster Conference Spiritual Guidance Seminar
Retreats: Women Finding Voice
Availability: Open to all

HORST, CARMEN. 202 W. Walden Ave, Goshen, IN 46528
Telephone: 574 533-7064 **E-mail:** cshorst@gmail.com
Congregation: Assembly Mennonite
Conference: Indiana-Michigan/Central
Experience: 2003-
Training: Spiritual Guidance Seminar (AMBS); M.A. in Christian Formation (AMBS); Gestalt Pastoral Care Basic Training (Gestalt Pastoral Care Ecumenical Associates)
Availability: Local women and men

HORST, JOYCE. 224 North Pearl St, Columbiana, OH 44408
Telephone: 330 482-5285 **E-mail:** rejoyce212@aol.com
Congregation: Leetonia Mennonite **Conference:** Ohio
Experience: 2012-
Training: Eastern Menn Seminary Summer Institute of Spiritual Formation & Spiritual Direction; Inner Healing Formational Prayer, Ashland Seminary
Retreats: Prayer, scripture meditation, spiritual growth during transitions, health, for those who want to grow deeper in their walk with Jesus.
Availability: Local congregation and local community to fit into my schedule.

HORST, PHILIP M. 611 East End Ave., Lancaster, PA 17602
Telephone: 717 295-1286 **E-mail:** philhorst@verizon.net
Congregation: James Street Mennonite **Conference:** LMC-MC USA
Experience: 2002-
Training: Kairos School of Spiritual Formation (Lancaster, PA); M.A. in Holistic Spirituality and Spiritual Direction (Chestnut Hill College)
Retreats: Prayer (limited availability)
Availability: Men and women

HORST, THELMA W. 110 Savo Ave., Lancaster, PA 17603
Telephone: 717 560-3999 **E-mail:** thelmasue2@yahoo.com
Congregation: James Street Mennonite **Conference:** LMC-MC USA
Experience: 2001-
Training: Lancaster Conference Spiritual Guidance Seminar
Retreats: Prayer, healing
Availability: Women and men

HOSTETTER, DARREL M. 735 Emerald Dr., Lancaster, PA 17603
Telephone: 717 381-7854 **E-mail:** darrelsherill@gmail.com
Congregation: James Street Mennonite **Conference:** LMC-MC USA
Experience: 2001-
Training: M.A. in Religion (EMS); Lancaster Conference Spiritual Guidance Seminar
Availability: Men

HOSTETTER, SHERILL. 735 Emerald Dr., Lancaster, PA 17603
Telephone: 717 380-4097 **E-mail:** darrelsherill@gmail.com
Congregation: James Street Mennonite **Conference:** LMC-MC USA
Experience: 1996-
Training: M.A. in Congregational Leadership -- concentrations in pastoral care/counseling and spiritual formation (EMS); Certificate in Gestalt Pastoral Care (Tilda Norberg).
Availability: Local women and men

HOUSER, MARY LOU WEAVER. 232 N Mary Street, Lancaster, PA 17603
Telephone: 717 368-0863 **E-mail:** mlouweaverhouser@gmail.com
Website: www.explore232.com
Congregation: Community Mennonite-Lancaster **Conference:** Atlantic Coast
Experience: 1997-
Training: M.A. in Holistic Spirituality and Spiritual Direction (Chestnut Hill College)
Retreats: Prayer, spiritual formation of leaders, Ignatian spiritual exercises, Enneagram spirituality, discernment, gardening/earth care, art as meditation
Availability: Individual or group direction; willing to Skype

HOVDE, LINDA K. O. 808 Reba Place #2, Evanston IL 60202
Phone: 847-859-2440 **E-mail:** hovderl@comcast.net
Congregation: **Conference:**
Experience: 1983-
Training: B.S.; M.Ed (University of Illinois); Spiritual Formation course (The Hermitage)
Retreats: Prayer, Scripture meditation
Availability: Individuals (women and men) and formation groups locally; retreats outside the area

JACOBS, RACHEL MILLER. 311 Gra Roy Drive., Goshen IN 46526
Telephone: 574 538-7978 **E-mail:** rachelmillerj@gmail.com
Congregation: Faith Mennonite **Conference:** Central District
Experience: 1999-
Training: Spiritual Guidance Practicum (AMBS); M.Div. (AMBS)
Availability: Local women and men

JOHNSON, JANEEN BERTSCHE 64382 Limberlost Dr., Goshen, IN 46526
Telephone: 574 296-6216 **E-mail:** jbjohnson@ambs.edu
Congregation: Eighth Street Mennonite **Conference:** Central District
Experience: 1995-
Training: M.Div., AMBS; AMBS peer group
Retreats: Prayer, seasons of the Christian year
Availability: AMBS students and people in the area.

KAUFMANN, LOIS JOHNS. 18166 CR 48, New Paris, IN 46553
Telephone: 574-596-8956 **Email:** loiskaufmann@gmail.com
Congregation: Assembly Mennonite Church **Conference:** Central District
Experience: Began in 2001, but I took a 10-year hiatus from offering one-on-one direction until retirement in 2017.
Training: Masters in Christian Formation from Anabaptist Mennonite Biblical Seminar where I studied Spiritual Guidance for one year.
Availability: local women

KING, MARY ETTA. 7560 Chama Ct., Colorado Springs, CO 80920
Telephone: 717 341-4223 **E-mail:** maryettak@comcast.net
Congregation: Beth-El Mennonite Church **Conference:** Mt States
Experience: 1998-
Training: Kairos School of Spiritual Formation (Wernersville); Certificate in Spiritual Direction Training (Chestnut Hill College, Philadelphia); M.A. in Christian Formation (AMBS)
Retreats: Prayer and healing
Availability: Women and men

KRAYBILL, SHARON. 639 Juliette Ave., Lancaster, PA 17601
Telephone: 717-293-9641 **E-mail:** sjkraybill@gmail.com
Congregation: East Chestnut Street Mennonite **Conference:** LMC-MC USA
Experience: 2001-
Training: M.Div. (Eastern Baptist Theological Seminary, now Palmer); Spiritual Guidance Seminar (Lancaster Conference)
Retreats: Poetry for the Spirit
Availability: Currently not taking new directees.

KROPF, MARLENE. 171 Hemlock Drive, Port Townsend WA 98368
Telephone: 360-344-2021 **E-mail:** mkropf@ambs.edu
Congregation: Portland Mennonite **Conference:** Pacific Northwest
Experience: 1984-
Training: M.Div. (AMBS); coursework in spiritual direction (Univ of Notre Dame); DMin in Spirituality and Worship (Graduate Theological Foundation)
Retreats: Prayer, spiritual formation of leaders, healing, seasons of the Christian year, Celtic spirituality, transitions
Availability: Persons in Pacific Northwest region

LANCTOT, NINA B. 56027 CR 23, Bristol, IN 46507
Telephone: 574 361-9536 **E-mail:** nina.b.lanctot@gmail.com
Congregation: Florence Church of the Brethren Mennonite **Conference:** Central District Conference
Experience: 1995-
Training: I took two levels of spiritual direction training through AMBS, the first course and the advanced course. MDiv AMBS
Retreats: Prayer, spiritual meditation, Spiritual formation of leaders; Baptismal preparation; Spiritual growth during transitions; Healing; seasons of the Christian year; The Arts and Prayer; The Wisdom Way of Knowing; The Wisdom Jesus
Availability: I am open to all requests for spiritual direction and will add people to my practice as time allows. I prefer to meet in person but do provide spiritual direction by phone in some cases. I enjoy leading guided retreats for individuals or groups.

LANTING, ESTHER A 1529 Firestar Dr, Goshen IN 46525
Telephone: 574 850-4407 **E-mail:** EstherALanting@gmail.com
Congregation: Hudson Lake Mennonite **Conference:** Indiana-Michigan
Experience: 2006-
Training: MA/Theology, Mennonite Brethren Seminary; MDiv, AMBS; Spiritual Guidance Practicum, AMBS; Advanced Spiritual Guidance Practicum, AMBS
Retreats: Prayer, spiritual meditation, Spiritual growth during transitions
Availability: Local women and men

LAPP, JAMES M. 443, Penn Oak Dr, Harleysville PA 19438
Telephone: 215 513-4115 **E-mail:** lappjm@gmail.com
Congregation: Salford Mennonite **Conference:** Franconia
Experience: 2003-
Training: BD (AMBS); DMin (Drew Theol Seminary); Spiritual Guidance Seminar (AMBS); one unit CPE (Winston-Salem & Crozer Theol Seminary); Marriage & Family Therapy training (Marriage Council of Philadelphia)
Retreats: Spiritual formation of leaders
Availability: Open to anyone, with primary interest in pastors

LEHMAN, CHERYL M. 244 Brian Ave., Mt. Joy, PA 17552
Telephone: 717 371-2932 **E-mail:** thelehmans@aol.com
Congregation: Community Mennonite-Lancaster **Conference:** Atlantic Coast
Experience: 1996-
Training: Spiritual Direction Training Program (Kairos School of Spiritual Formation, Lancaster, PA), Postgraduate Training in Supervision for Spiritual Directors, M.Div., B.A. Religious Studies, Peace Studies
Retreats: Prayer, spiritual formation, scripture meditation
Availability: Women, men, groups, clergy, supervision for spiritual directors

LEHMAN, TANYA KURTZ. 1368 West St., Cornwall, VT 05753
Telephone: 802 462-3488 **E-mail:** tanyakl@hotmail.com
Congregation: Middlebury Friends Meeting **Conference:**
Experience: 1997-
Training: M.Div. in Theological Studies: Christian Spirituality (AMBS); Practicum in Spiritual Direction (AMBS)
Availability: Individuals in local area

LENGACHER, JEAN HARNISH 66 Smithville Rd, New Providence PA 17560
Telephone: 717 314-4950 **E-mail:** jeanlengacher@gmail.com
Congregation: St. James Episcopal Church **Conference:**
Experience: 2006-
Training: Master of Divinity/Christian Spiritual Formation, EMS; Gestalt Pastoral Care, Tilda Norberg; Clergy Spiritual Life & Leadership, Shalem Inst
Retreats: Prayer; scripture meditation; spiritual growth during transitions; healing.
Availability: Women and men in individual and group spiritual direction; willing to do Skype.

LIND, LESTER 390 Norris Ridge Rd, Philippi, WV 26416
Telephone: 304 457-1420 **E-mail:** mlind13@frontier.com
Congregation: Philippi Mennonite **Conference:** Allegheny
Experience: 1989-
Training: M.A. (EMS); Shalem Institute of Spiritual Formation, Group Leaders Program
Retreats: Nature and spirituality, simplicity, sustainability

Availability: Local men and women; maintains part-time office in Harrisonburg, VA

LIND, MARY BETH. RR 3, Box 241-B, Philippi, WV 26416
Telephone: 304 457-1420 **E-mail:** mlind13@frontier.com
Congregation: Philippi Mennonite **Conference:** Allegheny
Experience: 1989-
Training: Spiritual Direction Institute (Charlottesville); coursework at AMBS and EMS
Availability: Persons in local area
LONGLEY, SALLY. 71 Narrabeen Park Pde, Warriewood Beach, Sydney, NSW 2102, Australia **Telephone:** 011-61-2-9913-7871 **E-mail:** sally@longley.com.au
Congregation: St. John's Anglican Church
Experience: 2005-
Training: Diplomas in theology and religious studies (London School of Theology); B.Th (University of South Africa); Spiritual Guidance Seminar (AMBS)
Availability: Open to all

MARTIN, RUTH S. 11 Foxfield Lane, Elizabethtown, PA 17022-1774
Telephone: 717 361-8445 **E-mail:** ruthsmartin@peoplepc.com
Congregation: Marietta Community Chapel **Conference:** Lancaster
Experience: 1993-
Training: BSN; Certificate in Spiritual Direction (Kairos School of Spiritual Formation, Wernersville)
Retreats: Prayer, scripture meditation
Availability: Local women

MASSANARI, ERIC 319 S. Pine St., Newton, KS 67114
Telephone: 316-283-5281 **E-mail:** emassanari@gmail.com
Congregation: Bethel College Mennonite Church **Conference:** Western
Experience: 2005-
Training: M.Div (Iliff School of Theology); Certificate in Spiritual Direction, Souljourners (Benedictine Sisters of Mt. St. Scholastica, Atchison, KS); Spiritual Guidance Seminar for Pastoral Leaders (AMBS)
Retreats: Prayer, scripture meditation, baptismal preparation, spiritual growth during transitions, seasons of the Christian year
Availability: Local men and women.

MAST, CHARLENE 64880 Thornapple Ct, Goshen IN 45626
Telephone: 574 333-7028 **Email:** cmast56@gmail.com
Congregation: Walnut Hill **Conference:** Indiana-Michigan
Experience: 2015-
Training: Masters Christian Formation, concentration in spirituality, AMBS (MaCF); 1 yr (4 credit hrs) Spiritual Guidance practicum, AMBS.
Availability: I am available to persons locally and would consider use of

technology for directees that aren't local, depending on the circumstances.

MAST, DONNA 1907 Mayfield Drive, Spencerville IN 46526
Telephone: 724-493-4438 **Email:** donna mast@gmail.com
Congregation: Silverwood Mennonite Church **Conference:** Central District
Experience: 1997-
Training: MaCL in Christian Spiritual Formation and Spiritual Direction; Pastoral Care and Counseling from Eastern Mennonite Seminary in 1997
Retreats: Prayer, scripture meditation, spiritual formation of leaders
Availability: I am currently not accepting new directees

MAST, MATTIE MARIE 1215 Wordsworth Ct. Harrisonburg, VA 22802
Telephone: 330-749-2440 **Email:** mast.mattie@gmail.com
Congregation: LifeBridge Comm Church **Conference:** Ohio
Experience: Since 2001
Training: Certificate in Spiritual Direction (Kairos School of Spiritual Formation, PA) M.A. in Spiritual Care & Counseling (Neumann Univ)
Availability: Women & Men; Bilingual (Spanish-English); Group Spiritual Direction

MELLINGER, LAURIE 463 N Oak St, Lititz PA 17543
Telephone: 717 627-2935 or 471-6970 **E-mail:** laurieamellinger@gmail.com
Congregation: West End Mennonite Fellowship **Conference:** Lancaster
Experience: 2006-
Training: Classes in spiritual direction 1998 (Lancaster Theological Seminary), 2006 (Catholic University of America), 2007-8 (Evangelical Seminary); Certificates in Spiritual Direction 2010 (Oasis Ministries) and 2017 (Kairos School of Spiritual Formation); Ongoing training in supervision of spiritual directors (Kairos, 2017-2018); Master of Arts (History/Theology) Evangelical Seminary; Ph.D. in Christian Spirituality, Catholic University of America
Retreats: "Come Away (before you come undone)"; "Drinking Deeply: The Practice of Lectio Divina"; "Desire and Hope"; "Quiet and Effective: Leading as an Introvert"; "Spiritual Formation and Sexual Identity"; "Streams of Living Water: Traditions in Christian Spirituality"; "Prayer in Lent and Ordinary Time"
Availability: Open to all; meet with clients in Lititz or Myerstown, PA. Willing to work virtually/online/at a distance.

MILLER, DOREEN 28 Moore Rd, Lebanon PA 17406
Telephone: 717 926-9197 **E-mail:** mdmillers@icloud.com
Congregation: Gingrichs Mennonite **Conference:** Lancaster
Experience: 2013-
Training: Certificate 2013 in Spiritual Direction (Kairos); Master of Arts in Religion in Spiritual Formation (Evangelical Theological Seminary)
Retreats: Prayer; Scripture Meditation; God and Nature—Water, Wind Fire, Rock; Streams of Living Water (Richard Foster's description of Christian spiritual traditions)

Availability: Women. Men. Skype. Trained to give the Ignatian Spiritual Exercises.

MILLER, EVAN J. 612 S 3rd St, Goshen IN 46526
Telephone: 574 534-602050 **E-mail:** evanjmiller@frontier.com
Congregation: 8th Street Mennonite **Conference:** Central District
Experience: 2009-
Training: Spiritual Guidance Seminar (AMBS), Colloquium in Group Spiritual Formation (AMBS)
Retreats: Spiritual formation of leaders; Spiritual growth during transitions
Availability: No restrictions; special interest in intersection of spirituality and leadership

MILLER, H. JANE. 13653 Jericho Rd., PO Box 73, Kidron, OH 44636-0073
Telephone: 330 857-2651 **E-mail:** janelloydmler@yahoo.com
Congregation: Sonnenberg Mennonite **Conference:** Ohio
Experience: 1992-
Training: Spiritual Formation and Companionship course with Gene & Mary Herr, 1990-1992 (AMBS), Spiritual Guidance Seminar for Pastoral Leaders (AMBS); Calling and Caring Ministries Lab I
Availability: Local women

MILLER, JOAN YODER. 64308 CR 21, Goshen, IN 46526.
Telephone: 574 534-4486 **E-mail:** joyomiller@frontier.com
Congregation: Southside Fellowship **Conference:** Central District
Experience: 1980-
Training: Shalem Institute
Retreats: Spiritual formation, scripture meditation, dreamwork
Availability: Women and men local and beyond

MILLER, LYNETTE 18636 N 500 E Rd, Danvers IL 61732
Telephone: 309 963-4495 **E-mail:** dlmiller@frontiernet.net
Congregation: Mennonite Church of Normal **Conference:** Illinois/CDC
Experience: 2015-
Training: Completion of Spiritual Guidance Seminar, AMBS 2014-2015
Availability: I am available for spiritual direction in the central Illinois area with a centrality in Bloomington-Normal.

MILLER, MARK A. 413 Wedgewood Ct., Hesston, KS 67062
Telephone: 620 327-5172 **E-mail:** pastorwm@embarqmail.com
Congregation: Whitestone Mennonite **Conference:** South Central
Experience: 1996-
Training: M.Div. with coursework in Spiritual Direction (EMS)
Availability: Women and men

MILLER, WENDY J. 1915 New Sharon Church Rd, Hillsborough, NC 27278
Telephone: 540 421-9725 **E-mail:** wemiller1959@gmail.com
Congregation: Peace Mennonite **Conference:** Western District

Experience: 1989-
Training: Shalem Institute Group Spiritual Guidance; STM in Spiritual Direction (General Theological Seminary); training in supervision
Retreats: Spiritual formation of leaders, prayer, Scripture meditation, seasons of the Christian year, spiritual growth during transitions, healing
Availability: Seminary students, women and men, persons in ministry

MORTON, CRAIG D. 2743 W. Wave Ct., Meridian, ID 83642
Telephone: 208 631-0150 **E-mail:** craig@themissionplace.org
Congregation: Emmaus Christian Fellowship **Conference:** Pacific Northwest
Experience: 1989-
Training: Workshops, coursework, ministry (Acuto Center, Alban Institute, Allelon, Church Innovations, Lombard Peace Center)
Availability: No limits

MILLER, WENDY WYSE. 413 Wedgewood Ct., Hesston, KS 67062
Telephone: 620 327-5172 **E-mail:** pastorwm@embarqmail.com
Congregation: Whitestone Mennonite **Conference:** South Central
Experience: 1995-
Training: M.A. in Church Leadership, coursework in spiritual formation (EMS)
Availability: Women and men within congregation and beyond

NAFZIGER, CHRISTINE. 1147 Wooster Rd., Millersburg, OH 44654
Telephone: 330-674-1706 **E-mail:** nafzigerpnc@hotmail.com
Congregation: Millersburg Mennonite **Conference:** Ohio
Experience: 2004-
Training: M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS)
Retreats: Prayer
Availability: Women in my local area

MINTER, Karla J. 20111 Regina Rd, New Paris IN 46553
Telephone: 574 202-0704 **E-mail:** kjminter@ambs.edu
Congregation: Waterford Mennonite Church and Open Table Mennonite Fellowship **Conference:** Indiana-Michigan
Experience: 2012-
Training: Master of Arts in Christian Formation, Anabaptist Mennonite Biblical Seminary, 2012; Spiritual Guidance Practicum, AMBS 2011-12; Advanced Spiritual Guidance Seminar, AMBS, 2015-16..
Emphasis: The contemplative leader; prayer practices for peacemakers; contemplative retreats; biblical storytelling; life transitions.
Availability: Goshen and Elkhart for individual and group direction.

NAYLOR, RUTH. 615 Crimson Maple Court., Bluffton, OH 45817
Telephone: 419 358-6309 **E-mail:** renaylor34@gmail.com
Congregation: First Mennonite **Conference:** Central District
Experience: 1990-
Training: Certificate from Shalem Institute for Spiritual Guidance; additional work at AMBS and Earlham School of Religion
Availability: Women and men local and beyond

MOELJONO, REBEKA. 2331 E Curtis Ct, Glendora CA 91731
Telephone: 626 257- 8560 **E-mail:** rkmoeljono@gmail.com
Congregation: JKI Anugerah-Grace Indonesian Christian Fellowship
Conference: Pacific Southwest
Experience: 2008-
Training: M.A. in Christian Formation (AMBS), Spiritual Guidance Practicum (AMBS)
Retreats: Discerning God's Call/Life Transitions, Dreamworks, Spiritual Gifts, Enneagram Prayers, Creative Prayers (Praying with Colors, Praying with Your Body, Creative Journaling), Food and Spirituality, Photography and Spirituality, Nature and Spirituality, Cycling Retreat.
Availability: Individual and Group Spiritual Direction/Retreat. Local or through Skype. Open to All.

NICE-SIEGENTHALER, DOLORES 4266 Wilshire Blvd, Oakland CA 94602
Telephone: 510 482-9311 **E-mail:** dnicebear@earthlink.net
Congregation: First Menn Ch of San Francisco **Conference:** Pacific SW
Experience: 2002-
Training: Spiritual Direction Diploma, San Francisco Theological Seminary 2005; M.Div. 2004; Member of Spiritual Directors International; an Inter Play Leader; experienced with yoga and Breema.
Retreats: Prayer, scripture meditation; healing; seasons of the Christian year
Availability: Local area; women or men

PAETKAU, BRENDA SAWAT'ZKY. 602 S. 8th St., Goshen, IN 46526
Telephone: 574 533-6720 **Email:** bpaetkau@8thstmennonite.org
Congregation: Eighth St. Mennonite **Conference:** Central District
Experience: 1999-
Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS); Advanced Spiritual Guidance Seminar (AMBS); M. Div. (AMBS)
Availability: Persons in own congregation

PEIFER, JANE HOOBER 9 Village Square., Harrisonburg VA 22802
Telephone: 717 286-5814 **Email:** jhooberpeifer@gmail.com
Congregation: Blossom Hill. Mennonite **Conference:** Atlantic Coast
Experience: 2013-
Training: M.Div. 1996 (EMS); Spiritual Director Training Program Certificate 2014 (Kairos School of Spiritual Formation)
Retreats: Prayer, spiritual meditation; spiritual formation of leaders; spiritual growth during transitions; seasons of the Christian year; keeping a Sabbath rhythm.

Availability: For those living in the Lancaster PA area.

RAUDENBUSH, DEBRA L. 106 Batten's Circle, Leola, PA 17540
Telephone: 717 661-7869 **E-mail:** debra106@frontiernet.net
Congregation: Akron Mennonite **Conference:** Atlantic Coast
Experience: 1997-
Training: Certificate in Spiritual Companionship; M.A. in Holistic Spirituality and Spiritual Direction (Chestnut Hill College)
Availability: Women and men in local area; Akron Mennonite Church

RHEINHEIMER, JAN 536 E. Madison St. Lombard IL 60148
Telephone: 574-206-6261 **E-mail:** janlspringer@gmail.com
Congregation: Lombard Mennonite **Conference:** Illinois
Experience: 1993-
Training: Casa San Jose (TX); Certificate in Spiritual Companionship (Benet Hill Center)
Availability: Local women and men

ROESCHLEY, JANE THORLEY. 14524 N 800 E Rd, Graymont, IL 61743
Telephone: 815 848-5978 **E-mail:** jane@normalmennonite.org
Congregation: Mennonite Church of Normal **Conference:** Illinois
Experience: 2004-
Training: I have received training through AMBS, taking both the Spiritual Guidance Seminar (2004) and the Advanced Spiritual Guidance Seminar (2005/06). M.A. in Christian Formation (AMBS)
Retreats: Prayer, spiritual mediation, Lectio Divina; spiritual formation of leaders; spiritual growth and care during transitions; grief, healing, loss; season of the Christian Year; the Enneagram; Exploring Fit; Sabbath and Rest; Discernment; God's Shalom Endeavor.
Availability: Persons within and outside of my congregation; persons locally or beyond (via Skype or phone, even email); both women or men.

ROTH, WILLARD E. 1801 Greencroft Blvd, Goshen, IN 46526
Telephone: 574 537-4608 **E-mail:** willardroth33@gmail.com
Congregation: Eighth Street Mennonite **Conference:** Central District
Experience: 1977-
Training: M.Div. (AMBS); CPE; continuing education at Woodbrooke

College (England), Iona Community (Scotland) and Corymeela Community (Northern Ireland); intensive retreats with Basil Pennington and Thomas Keating
Retreats: Prayer, spiritual formation of leaders
Availability: Men (primarily)

RUSSELL, JUEL YODER 378 21st St., Salem, OR 97301
Telephone: 503 798-7370 **E-mail:** peaceonyourjourney@gmail.com
Congregation: Salem Mennonite **Conference:** Pacific Northwest
Experience: 1997-
Training: M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS)
Retreats: Spiritual growth during transitions (particularly grief), prayer, seasons of the Christian year (Advent or Lent)
Availability: Evenings and weekends for anyone willing to travel to Salem; available by Skype

RUTH-HEFFELBOWER, CLARE ANN 3198 E. Menlo Ave, Fresno, CA 93710
Telephone: 559-281-5664 **E-mail:** clareannrh@gmail.com
Congregation: Mennonite Community **Conference:** Pacific Southwest
Experience: 1987-
Training: Shalem Institute for Spiritual Formation; D.Min. with spirituality focus (San Francisco Theological Seminary)
Availability: Local women and men

SAWATSKY, MARGARET 2406 Roys Ave, Elkhart IN 46517
Telephone: 574 522-1806 **E-mail:** margaretsawatsky@gmail.com
Congregation: Hively Avenue Mennonite **Conference:** Central District
Experience: 2009-
Training: MA '97 AMBS; Advanced Spiritual Direction seminar (AMBS); CPE residency at St Joe Hospital; certified chaplain & ordination at Hively
Retreats: Scripture meditation; Spiritual growth during transitions (life stages/passages); Healing; Seasons of the Christian year (such as Advent/Lent)
Availability: No limits

SCHLABACH, TINA STOLTZFUS 3010 E. Loretta Drive, Tucson, AZ 85716
Telephone: 574 903-9153 **E-mail:** tina.schlabach1960@gmail.com
Congregation: Shalom Mennonite Fellowship
Conference: Pacific Southwest
Experience: 2000-

Training: M.Div. in Pastoral Care and Counseling (AMBS); Supervised Spiritual Guidance Practicums (foundational, advanced, group direction); Foundational and Practicum Level Training in Gestalt Pastoral Care (a synthesis of gestalt growth work, healing prayer, and spiritual companionship)
Retreats: Prayer, scripture meditation, spiritual formation of leaders, baptismal preparation, spiritual growth during transitions, healing, seasons of the Christian year; praying through movement; personal guided retreats.
Availability: Individual and group spiritual direction; retreat leadership.

SCHROCK, DAN 64366 Meadow Ridge Dr., Goshen, IN 46526
Telephone: 574 202-4888 **E-mail:** danielschrock@outlook.com
Congregation: Berkey Avenue Mennonite **Conference:** Indiana-Michigan
Experience: 1996-
Training: M.A. in Theology (Chicago Theological Seminary); Certificate in Spiritual Direction (San Francisco Theological Seminary); D.Min. in Christian Spirituality (Columbia Theological Seminary); training in supervision of spiritual directors (togetherinthemystery.org/)
Availability: In person or by Skype

SEARS, Jeanne The Seasons Retreat, 954 W Center, Eureka IL 61530
Telephone: 541 921-1519 **E-mail:** grandmajeanne54@gmail.com
Congregation: Metamora Mennonite **Conference:** Illinois
Experience: 2015-
Training: Church Life Pastor & Leadership Team, Coast Vineyard Christian Fellowship; Sustainable Faith School of Spiritual Direction, completed two year training.
Retreats: Prayer; Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Discernment (clearness committee); Personal retreat space available at the Seasons.
Availability: Available in person in local area to either men or women. Sessions at Seasons Retreat are preferable

SEARS, Ron The Seasons Retreat, 954 W Center, Eureka IL 61530
Telephone: 309-224-0056 **E-mail:** ronwsears@gmail.com
Congregation: Metamora Mennonite **Conference:** Illinois
Experience: 2015-
Training: Church Life Pastor & Leadership Team, Coast Vineyard Christian Fellowship; Sustainable Faith School of Spiritual Direction, completed two year training.
Retreats: Prayer; Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Discernment (clearness committee); Personal retreat space available at the Seasons.
Availability: Available in person in local area to either men or women.

Sessions at Seasons Retreat are preferable

SHANTZ, LORNA BETH 4 Park View Dr, Reinholds PA 17569
Telephone: 717 475-7259 **E-mail:** LornaBethS@gmail.com
Congregation: Pilgrims Mennonite **Conf:** LMC-MC USA
Experience: 2011-
Training: BA '87; Conflict Resolution Training (MCC) '96; Certificate '11 Kairos School of Spiritual Formation
Retreats: Prayer; Scripture meditation; spiritual growth during transitions; seasons of the Christian year; group spiritual direction.
Availability: Available to persons in local area; limited availability electronically; experience with disabled people and their families.
SHAVER, PAT (PATRICIA). 8150 29th Ave. SW, Seattle WA 98126
Telephone: 206 938-2456 **E-mail:** patshaver@comcast.net
Website: patshaverspiritualdirection.org
Congregation: Seattle Mennonite **Conference:** Pacific Northwest
Experience: 2006-
Training: M.A. in Transforming Spirituality - concentration in Spiritual Direction (School of Theology and Ministry, Seattle University)
Availability: Open to all, experience in working with chronic illness and death and dying. Open to follow-up by Skype or phone.

SHELLEY, CONNIE FUNK 1303 Stanton Creek Dr, Fort Collins, CO 80525
Telephone: 970 391-1315 **E-mail:** connie@walkingwithyou.us
Congregation: Fort Collins Mennonite **Conference:** Mountain States
Experience: 2001-
Training: Certificate in Spiritual Formation for Spiritual Directors (Vincentian Ctr for Spirituality), B.Div. (Canyon College), hospice chaplaincy training (Nathan Adelson Hospice); Coordinator for Spiritual Direction Program and Denver Women's Correctional Facility; Spiritual Formation for Spiritual Direction Program at Center for Spirituality at Work staff.
Retreats: Prayer, healing, Sabbath, spiritual formation of leaders
Availability: Open to all; experience in working with the dying, group direction.

SHENK, SHERYL L. 1046 Tulip Terrace, Harrisonburg, VA 22801
Telephone: 540 438-8880 **E-mail:** shenksl@aol.com
Congregation: Harrisonburg Mennonite **Conference:** Virginia
Experience: 1997-
Training: M. Div. - concentration in spiritual formation (EMS); Certificate in Gestalt Pastoral Care (Tilda Norberg); Group Spiritual Direction Workshop, Shalem Institute
Retreats: Prayer, healing, and Celtic Spirituality pilgrimages
Availability: Women and men

SHENK, VERA SMUCKER. 1014 S. 13th St., Goshen, IN 46526
Telephone: 574 534-5290 **E-mail:** vsmuckshenk@gmail.com

Congregation: Faith Mennonite **Conference:** Central District
Experience: 2002-
Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS);
M.A. in counseling (Andrews University), spiritual directors month-long
intensive (Mercy Center, Burlingame, CA; 5 units CPE; Chaplain.
Retreats: Healing, prayer, spiritual formation of leaders

Telephone: 319 321-3778 **E-mail:** richersmi@aol.com
Congregation: Pittsburgh Mennonite **Conference:** Allegheny
Experience: 1992-
Training: Certificate in Spiritual Guidance (Shalem Institute for Spiritual
Formation); M.Div. (AMBS); additional training in workshops and seminars
Availability: Men and women in own congregation; limited availability to
others in area

SHIRK, HAZEL KNICELY 2199 Secrist Ln., Harrisonburg, VA 22801
Telephone: 540 433-6050
Congregation: Lindale Mennonite **Conference:** Virginia
Experience: 1989-
Training: Associate Program in Spiritual Direction (Detroit Center for
Religious Development); coursework at EMS
Availability: Local women and men

SMUCKER, KLAUDIA BRADY Lancaster, PA
Telephone: 574-536-1897 **E-mail:** klaudiasmucker@gmail.com
Congregation: Zion Mennonite **Conference:** Eastern District
Experience: 1996-
Training: Spiritual Direction Seminar (AMBS); M.Div. (AMBS); Shalem
Institute Clergy Life and Leadership Program in 2010
Availability: Women and men

SHORT, DANA 2732 CR 25, Archbold, OH 43502
Telephone: 419-446-2664 **E-mail:** mdshort@embarqmail.com
Congregation: Central Mennonite **Conference:** Ohio
Experience: 2005-
Training: Advanced Spiritual Guidance Seminary (AMBS); Spiritual
Guidance Practicum (AMBS)
Availability: Open to anyone

STEFFY, CAROL A 315 Alexandria Court, Marietta PA 17547
Telephone: 717 350-6452 **E-mail:** rocasteffy@gmail.com
Congregation: James Street Mennonite **Conference:** LMC-MC USA
Experience: 1993-
Training: Spiritual direction training (Kairos School of Spiritual Formation,
Wernersville); M.A. in Christian Spiritual Formation (EMS); CPE
Retreats: Spiritual growth during transitions, prayer, seasons of the Christian
Year (Advent and Lent)
Availability: Flexible scheduling during the day, evenings or weekends

SHOWALTER, MARY KRATZ 4622 Mt. Clinton Pike, Harrisonburg, VA 22802
Telephone: 540 246-2323 **E-mail:** marypikespeak@juno.com
Congregation: Park View Mennonite **Conference:** Virginia
Experience: 2000-
Training: Certificate in Spiritual Direction (Benet Hill Monastery,
Colorado Springs, CO); Institute for Spiritual Formation (EMS)
Availability: Local women and men

STEFFY, ROGER L 315 Alexandria Court, Marietta PA 17547
Telephone: 717 406-6025 **E-mail:** rocasteffy@gmail.com
Congregation: James Street Mennonite **Conference:** LMC-MC USA
Experience: 1998-
Training: M. Div. (EMS); Training in Spiritual direction for spiritual
guides (Oasis Ministries, Camp Hill, PA)
Retreats: Spiritual formation of leaders, Scripture meditation, healing
Availability: Part time – mostly evenings or weekends

SMITH, JEFFREY W 2609 Staples Ave, Key West, FL 33040
Telephone: 419 966-2869 **E-mail:** dunidoo@hotmail.com
Congregation: The Gathering Tree **Conference:** Southeast
Experience: 1998-
Training: Spiritual Guidance Seminar (AMBS); M.Div. in Pastoral
Care and Counseling (AMBS)
Availability: Anyone

STIFFNEY, KATHY. 712 S Greene Rd, Goshen IN 46526
Telephone: 574-202-7710 **E-mail:** kstiffney@comcast.net
Congregation: Berkey Ave Fellowship **Conference:** Indiana-Michigan
Experience: 2011-
Training: AMBS
Availability: Men and women

SMITH, ROBERT 1640 Duffield St, Pittsburg PA 15206

STOLTZFUS, JANE J. 2120 Lyndell Dr., Lancaster, PA 17601
Telephone: 717 419-8866 **E-mail:** karibuwote@aol.com
Congregation: Rossmere Mennonite **Conference:** LMC-MC USA
Experience: 2001-
Training: Lancaster Conference Spiritual Guidance Seminar
Availability: Women and men

STOLTZFUS, MARIE H. 607 College Ave., Goshen, IN 46526-4911
Telephone: 574 533-4550 **E-mail:** mariestoltzfus@gmail.com
Congregation: College Mennonite **Conference:** Indiana-Michigan
Experience: 1993-
Training: Certificate in Spiritual Direction (Shalem); Advanced Spiritual Guidance Seminar, AMBS
Retreats: Prayer, scripture meditation, spiritual growth during transitions, seasons of the Christian year
Availability: Local women and men

SUTTER, DEBRA 306 E Sherwin Circle, Urbana IL 61802
Telephone: 217 369-6142 **E-mail:** debraannsutter@gmail.com
Congregation: First Mennonite of Champaign-Urbana
Conference: Illinois/Central District
Experience: 2010-
Training: Spiritual Guidance Seminar at AMBS, 2010-2011; completed the AMBS Advanced Spiritual Guidance Seminar
Availability: men or women, all ages, local or by Skype

SWARTZ, SHELDON. 109 E Clinton, Ste 11, Goshen, IN 46528
Telephone: 574 533-2812 **E-mail:** Sheldon@lifeda.com
Congregation: Waterford Mennonite **Conference:** Indiana-Michigan
Experience: 1999-
Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS)
Availability: Men and women

THOMAS, LINDA LEHMAN. 309 Hackett Rd., Goshen, IN 46528
Telephone: 574 533-1822 **E-mail:** lindalehmanthomas@gmail.com
Congregation: Walnut Hill Mennonite **Conference:** Indiana-Michigan
Experience: 1999-
Training: MA. in Theology, concentration in Christian Spirituality (AMBS), Foundational and Advanced Supervised Spiritual Guidance Practicum (AMBS); Gestalt Pastoral Care Trainer ((a synthesis of gestalt growth work, healing prayer, and spiritual companioning)

Availability: Open to all

VERSLUIS III, PAUL. 1346 Ravenwood St., Ann Arbor, MI 48103
Telephone: 734 255-7006 **E-mail:** pversluis@comcast.net
Congregation: Shalom Community **Conference:** Central District
Experience: 1993-
Training: D.Min. in Spiritual Care (Pittsburgh Theological Seminary)
Availability: Women and men in local congregation and beyond

VON GUNTEN, SARA. 612 South 3rd Street. Goshen, IN 46526
Telephone: 574 534-2050; 574 971-6412 (cell) **E-mail:** saravg43@gmail.com
Congregation: Eighth St Mennonite **Conference:** Central District
Experience: 2009-
Training: Spiritual Guidance Seminar (AMBS), Spiritual Direction Course (AMBS), Advanced Spiritual Direction (AMBS)
Availability: Women and men in local area

VORAN, MARILYN HELMUTH 1543 Dogwood Court, Goshen, IN 46526
Telephone: 574 537-4322 **E-mail:** marilynvh@juno.com
Congregation: College Mennonite **Conference:** Indiana-Michigan
Experience: 1991-
Training: Coursework at AMBS; Spiritual Formation Program (The Hermitage)
Availability: Women, local and beyond

WAGGY, DEANNA 59310 Linden Rd., South Bend, IN 46614
Telephone: 574-276-1068 **E-mail:** ot4peace@gmail.com
Website: www.DWHealingArts.com or dwaggy.com
Congregation: Kern Road Mennonite **Conference:** Indiana-Michigan
Experience: 2004-
Training: Stephen Ministry training and supervision (1990); Spiritual Guidance Seminar/Advanced Spiritual Guidance Seminar (AMBS); Occupational Therapy Zero Balancing, Process Acupressure
Retreats: Holistic Healing for body/mind/spirit, learning styles and prayer, spiritual growth during transitions (life stages/passages), self-care, wellness, stress release
Availability: Daytime, some evenings, guided direction with optional Zero Balancing or Process Acupressure

WEAVER, A. RICHARD 1001 E Oregon Rd., Lititz PA 17543
Telephone: 717 581-3812 **E-mail:** arweaver1440@gmail.com
Congregation: Akron Mennonite **Conference:** Atlantic Coast
Experience: 2003-
Training: M.Div. (Lancaster Theological Seminary); Spiritual Direction

for Spiritual Guides (Oasis Ministries)
Availability: Men

WEAVER, JILL SCHMIDT 128 Meadow Lane, Hesston KS 67062
Telephone: 620 217-0516 **E-mail:** jsweaver4370@gmail.com
Congregation: Whitestone Mennonite Church **Conference:** South Central
Experience: 2016-
Training: Certificate in Spiritual Direction., Souljourners (Benedictine sisters at Mt St Scholastica)
Retreats: Prayer; scripture meditation; spiritual growth during transitions; healing; seasons of the Christian year.
Availability: Open to all people, at any place on their spiritual journey.

WEAVER, LAVINA MILLER 2684 Clubhouse Dr, Unit 204, Sarasota FL 34232
Telephone: 330 763-0233 **E-mail:** 14mumy@gmail.com
Congregation: Covenant Mennonite Church **Conference:** Central District
Experience: 1992-
Training: Masters in Clinical Pastoral Counseling (Ashland); licensed professional counselor
Availability: Women, missionaries

WEAVER, RUTH S 1001 E Oregon Rd., Lititz PA 17543
Telephone: 717-733-1891 **E-mail:** rsweaver1440@gmail.com
Congregation: Akron Mennonite **Conference:** Atlantic Coast
Experience: 2003-
Training: Certificate in Spiritual Direction (Kairos School of Spiritual Formation); seminary studies in Spiritual Formation
Availability: Women

WEIDMAN, ROBERT (BIFF) 511 South St Joseph St, South Bend IN 46601
Telephone: 574 287-1854 **E-mail:** rweidman@hotmail.com
Congregation: Kern Road Mennonite **Conference:** Indiana-Michigan
Experience: 1992-
Training: M.Div. (AMBS); Spiritual Guidance Seminar/Advanced Spiritual Guidance Seminar [AMBS]
Availability: Local women and men

WELDY, KAREN J. 523 N Bancroft St, Indianapolis, IN 46201
Telephone: 317 605-1674 **E-mail:** cobaltbluekaren@gmail.com
Congregation: Southside Fellowship **Conference:** Central District
Experience: 2001-
Training: Supervised Spiritual Guidance Practicum (AMBS); M.Div. in Pastoral Care and Counseling (AMBS); Clinical Pastoral Education Internship and Residency (SJRMC); Board Certified Chaplain with the Association of Professional Chaplains; Spiritual Directors International member; Ordained

Retreats: “Daughters of Mothers Who Have Died”, “In the Cleft of the Rock”, healing (including trauma healing), grief work, suffering, discernment, use of creative media (including death coaching)
Availability: Women

WENGER, MARGARET W 1767 Blackberry Lane, Orrville OH 44667
Telephone: 941 726-7261 **E-mail:** margaretwenger@gmail.com
Congregation: Sonnenburg Mennonite Church **Conference:** Ohio
Experience: 2008-
Training: Summer Institute for Spiritual Formation at Eastern Mennonite Seminary, Certificate for completion of 12 credit hours.
Retreats: Scripture meditation; spiritual growth during transitions (life stages/passages); seasons of the Christian year (such as Advent or Lent)
Availability: Women

WENGER, RUTH YODER 3304 Steuben Avenue, Bronx, NY 10467
Telephone: 917-903-8781 **E-mail:** RWenger@aol.com
Congregation: North Bronx Mennonite **Conference:** LMC-MC USA
Experience: 2000-
Training: Spiritual direction (Center for Spirituality and Justice, NY); additional studies at AMBS, Strategies for Trauma Awareness and Resilience, Empowerment Learning (Clarity Institute)
Retreats: Scripture meditation; spiritual formation of leaders; healing (incl trauma healing); self-care for caregivers; disaster emotional and spiritual care
Availability: Open to persons in the NYC area; open to follow-up by phone

WENGER, SANDY 626 Sunrise Ave, Harrisonburg VA 22801
Telephone: 540 421-8054 **E-mail:** sandy.wenger@verizon.net
Congregation: Park View Mennonite **Conference:** Virginia
Experience: 2010-
Training: Certificate from Eastern Mennonite Seminary; Supervision training at Eastern Mennonite Seminary; Leading the Peer Group to train other spiritual directors at Summer Institute of Spiritual Formation at EMS; MA 2016 from EMU, Interdisciplinary Studies with focus in SD Supervision and Religious Studies.
Retreats: Prayer; Scripture meditation; spiritual formation of leaders; spiritual growth during transition; healing; body, mind, spirit focus (I am also a health coach)
Availability: I am available to all, in person or via skype/phone.

YODER, BETH RANCK 1209 Telegraph Rd., Perkasio, PA 18944
Telephone: 215 257-1850 **E-mail:** jbyoder@verizon.net
Congregation: Salford Mennonite **Conference:** Franconia
Experience: 2001-
Training: : D.Min. (Drew University); MDiv equivalency (Mennonite seminaries, Princeton Theological); MA Theater (Villanova University);

Spiritual Direction training through Chestnut Hill College, Philadelphia, and Spiritual Guidance Seminar (Lancaster Conference); one unit of CPE.

Retreats: InterPlay - playful, improvisational forms for body-mind-spirit integration; Prayer; Scripture meditation

Availability: Individual and Group spiritual direction.

YODER, DON 5 Village Square, Harrisonburg, VA 22802

Telephone: 540 574-0408 **E-mail:** yoderda@emu.edu

Congregation: Community Mennonite **Conference:** Virginia

Experience: 1989-

Training: School of Spiritual Formation (Ohio Conference)

Availability: Men in local area

YODER, EMMA JEAN 5 Village Square, Harrisonburg, VA 22802

Telephone: 540 574-0408 **E-mail:** yoderej@gmail.com

Congregation: Community Mennonite **Conference:** Virginia

Experience: 1991-

Training: School of Spiritual Formation (Ohio Conference), course-work in spiritual formation (EMS)

Availability: Women in local area

YODER, HEIDI MILLER. 1864 Mountain Valley Rd., Keezletown, VA 22832

Telephone: 540 269-4026 **E-mail:** yoderhm@emu.edu

Congregation: Harrisonburg Mennonite **Conference:** Virginia

Experience: 1995-

Training: M. Div., studies in spiritual formation (EMS); Ph.D. candidate in Spirituality and Liturgical Studies (Catholic Univ of America, Washington, DC)

Availability: Currently limited to EMS students and local congregation

YODER, SHEILA K. 2125 W. Cambridge Ave, Phoenix, AZ 85009

Telephone: 602 478-0466 **Email:** sheilakyoder@gmail.com

Congregation: Trinity Mennonite **Conference:** Pacific Southwest

Experience: 2006-

Training: Spiritual Direction training (Arizona Ecumenical Institute for Spiritual Direction); MSW

Retreats: Prayer, scripture meditation, spiritual formation of leaders, spiritual growth during transitions, seasons of the Christian year

Availability: Individual or group spiritual direction

ZEHR, DOROTHY L. 5549 Alger Rd, Martinsburg, NY 13404

Telephone: 315 376-3734 **Email:** mdwzehr@yahoo.com

Congregation: Lowville Mennonite **Conference:** New York

Experience: 2007-

Training: Certificates in Spiritual Formation and Spiritual Direction (Kairos School of Spiritual Formation, Lancaster, PA)

Availability: Women and men; multi-denominations

ZEHR, Timothy 139 Pleasant View Drive, Strasburg PA 17579

Telephone: 717 629-2015 **Email:** tzehr@msn.com

Congregation: Sunnyside Mennonite Church **Conference:** LMC-MC USA

Experience: 2014-

Training: Certificate in Spiritual Direction (Kairos School of Spiritual Formation)

Retreats: Prayer, scripture meditation, spiritual growth during transitions, seasons of the Christian year

Availability: Open to all

Mennonite Church USA Mennonite Spiritual Directors Network

Steering Group:

Kevin Clark, Harrisonburg, VA

June Mears Driedger, Lansing, MI

Sally Weaver Glick, Goshen, IN

Marlene Kropf, Port Townsend, WA

Eric Massanari, Newton, KS

What is spiritual direction?

Spiritual Direction

The work of spiritual direction is to pay attention to God's movement in your life. Sometimes called "spiritual guidance" or "spiritual companionship," spiritual direction is a confidential relationship in which you receive help in noticing and responding to God. The true director is always God's Spirit. Usually individuals meet one-to-one with a director. Some relationships are long-term; others are short-term as individuals seek guidance for specific decisions or experiences. Some people prefer to meet with a small group designed for group spiritual direction. Because God works in and around us, a central question in spiritual direction is how to pay attention to the stirrings of God. The spiritual director listens for God's movement in your life, asks questions, makes observations, and offers suggestions. You are always free to respond to God's initiatives in whatever way you choose.

Who can benefit from this ministry of spiritual direction?

- Anyone going through a time of discernment, that is, trying to ascertain the what, when, where, how, who, and why of God's leading;
- Anyone going through a dry spell in their spiritual walk, who may be feeling disconnected from God or spiritually unmotivated;
- Anyone going through a difficult time and yearning for God's healing mercy and grace;
- Anyone wanting to deepen his or her relationship with God and to move toward a greater depth of spiritual maturity.

What spiritual direction is not:

**Spiritual direction is not psychotherapy or counseling.* Some people meet with both a therapist and a spiritual director, but the work of each is distinct.

**Spiritual direction is not career counseling.* Some people meet with a spiritual director to discern God's vocational call, but the director does not offer advice or evaluate skills and talents.

**Spiritual direction is not financial counseling.*

Questions to consider in spiritual direction:

- 1) What is happening in my life that is occupying my attention or distracting me from God?
- 2) What feelings are being triggered in me by what's happening?
- 3) What is influencing my beliefs about God, myself, and others?
- 4) How does God feel about me and my lament?
- 5) What does God want to do in me?
- 6) How am I responding to God and what God desires to do in me?
- 7) How can I better respond to God?

Group spiritual direction:

Spiritual direction in a group is a process in which individuals meet together on a regular basis to help one another in growing awareness of God's presence throughout life. The individuals seek support for their listening and responsiveness to God and they agree to support others to do the same. Some directors are available to provide group spiritual direction.

Finding a spiritual director:

Some people find a spiritual director through referrals from their pastor, congregational lay leaders, or a trusted friend. Other people find a director by a list like this one.

Consider the following when seeking a spiritual director:

**Location:* Do you want to meet with someone monthly? Then consider meeting someone who lives near you. If you want to meet with someone quarterly, then someone at a distance might be appropriate. Some spiritual directors offer direction at a retreat center—do you want to experience a day retreat that includes meeting with a director?

**Gender:* Some people want to meet with a director that is the same gender as themselves. Some directors only work with one gender, while others are open to all.

**Training:* Meet with someone who has received spiritual direction training either through a seminary program or a certificate program.

**Fees:* Many directors expect payment when meeting with a directee.

Spend time praying for guidance and wisdom as you search for a spiritual director. Trust that God will lead you as you seek.

Contacting a potential spiritual director:

*Ask if the director is available to meet with a new person.

*Ask if the director has specific days or times to meet with people.

*Ask about their training and experience.

*Ask about their fee expectations.

The initial meeting with a potential spiritual director:

Many spiritual directors offer a first meeting for free as a way for you and the spiritual director to see if the two of you might work well together. Pray for God's wisdom before the meeting and trust the nudging of the Holy Spirit when you are with the spiritual director.

Consider the following:

*Do you feel at ease with this person?

*Ask the director to describe a session.