

Mennonite Spiritual Directors List September 2017

Compiled by: Mennonite Church USA Leadership Development

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Mennonite Spiritual Directors List is a directory of Mennonites in the United States (including three internationals) who are qualified and available to offer the ministry of spiritual direction. Fundamentally a ministry of prayer, spiritual direction is a one-with-one relationship in which directors accompany others on their journey to mature faith in Christ

Compiled by Mennonite Church USA Executive Leadership, the directory includes names of persons who have been recommended by area conference, district and denominational leaders. Each individual has provided information regarding training and availability. In addition, a letter of reference has been supplied by their congregation or area conference indicating they are in good standing with their congregation. These persons have also committed themselves to the ethical standards of Spiritual Directors International, which can be seen at www.sdiworld.org/publications/guidelines-ethical-conduct.

Although Mennonite Church USA Executive Leadership does not officially license spiritual directors, we trust the congregations and conferences which have submitted these names. Further information about these persons may be obtained from the schools where they have received training. In addition to offering spiritual direction, many in this directory are also willing to lead spiritual retreats for small groups, congregations, or area conference leaders. Individuals seeking spiritual direction or groups wanting a retreat leader may write or call persons on the list for further information.

This document includes: a) a geographic index by state for locating a director near you; b) an alphabetical listing of directors, with information on their training, level of experience, availability for retreats, and contact information; and c) a document describing spiritual direction, with suggestions on how to find a director, provided by the Steering Group of Mennonite Spiritual Directors Network.

Mennonite Spiritual Directors Network is an association of colleagues who periodically gather for times of retreat, learning, and connecting with each other. Further questions about spiritual direction or about the network can be sent to members of the Steering Group:

East Coast: Kevin Clark, clarkka@emu.edu;

Jane Hoober Peifer, jhooberpeifer@gmail.com

Great Lakes: June Mears Driedger, imdriedger@mindspring.com

Sally Weaver Glick, swglick@gmail.com

Plains: Eric Massanari, emassanari@gmail.com West Coast: Marlene Kropf, mkropf@ambs.edu

We pray that this directory will further support spiritual growth toward maturity among many followers of Jesus Christ.

GEOGRAPHIC INDEX

UNITED STATES

Arizona

Tina Schlabach Sheila K. Yoder

California

Stefanus Haryono Rebeka Moeljono Dolores Nice-Siegenthaler Clare Ann Ruth-Heffelbower

Colorado

Charlene Epp Susan Ortman Goering Mary Etta King Connie Funk Shelley

Florida

Jeffrey W. Smith Lavina Miller Weaver

Idaho

Craig D. Morton

Illinois

Julie Carlsen
Janet Elaine Guthrie
Linda K. O. Hovde
Lynette Miller
Jan Rheinheimer
Jane Thorley Roeschley
Jeanne Sears
Ron Sears
Debra Sutter

Indiana

Deb Byler Kelly Carson Wilma Cender Teresa L Geiser Sally Weaver Glick Sylvie Gudin Ronald Guengerich Jane L. Halteman Emma Hartman Rachel Nafziger Hartzler Carmen Horst Rachel Miller Jacobs

Rachel Miller Jacobs Janeen Bertsche Johnson Nina B Lanctot

Esther A Lanting
Charlene Mast

Charlene Mass Donna Mast Evan J Miller

Joan Yoder Miller Karla I Minter

Brenda Sawatzky Paetkau

Willard E. Roth Margaret Sawatsky Dan Schrock

Vera Smucker Shenk Kathy Stiffney

Marie H. Stoltzfus Sheldon Swartz

Linda Lehman Thomas Sara Von Gunten

Marilyn Helmuth Voran Deanna Waggy

Robert (Biff) Weidman

Karen J. Weldy

Kansas

Karen K. Andres Barbara Krehbiel Gehring Gail Graber Eric Massanari Mark A. Miller Wendy Wyse Miller Jill Schmidt Weaver

Michigan

June Mears Driedger Paul Versluis III

Minnesota

Carol Harder

New York

Jeff Combs Ruth Yoder Wenger Dorothy L. Zehr

Ohio

Noel (Tony) Doehrmann Joyce Horst H. Jane Miller Christine Nafziger Ruth Naylor Dana Short Margaret Wenger

Oregon

Rose Marie Barber Jennifer Lyn Gingerich Juel Yoder Russell

Pennsylvania

Marilyn Handrich Bender Melissa Berkey-Gerard Verle A. Brubaker John Drescher-Lehman Sandy Drescher-Lehman Marlene Frankenfield Linda Helmus Saralee (Sally) Martin Hoover Philip M. Horst Thelma W. Horst Darrel M. Hostetter Sherill Hostetter Mary Lou Weaver Houser Sharon Kraybill James M. Lapp Chervl M. Lehman Iean Harnish Lengacher Ruth S. Martin

Laurie Mellinger

Doreen Miller
Dawn Ruth Nelson
Debra L. Raudenbush
Lorna Beth Shantz
Robert Smith
Klaudia Brady Smucker
Carol A. Steffy
Roger L. Steffy
Jane J. Stoltzfus
A. Richard Weaver
Ruth S. Weaver
Beth Ranck Yoder
Timothy Zehr

Vermont

Tanya Kurtz Lehman

Virginia

Mary Jo Bowman Kevin A. Clark Gloria Diener Sherah-Leigh Gerber David Gullman Mattie Marie Mast Wendy J. Miller Jane Hoober Peifer Sheryl L. Shenk Hazel Knicely Shirk Mary Kratz Showalter Sandy Wenger Don Yoder Emma Jean Yoder Heidi Miller Yoder

Washington

Marlene Kropf Pat (Patricia) Shaver

West Virginia

Lester Lind Mary Beth Lind

INTERNATIONAL

AUSTRALIA

Sally Longley

IAPAN

Mark Lee Bartsch Stephanie Delight Bartsch

MENNONITE SPIRITUAL DIRECTORS LIST - U.S.A.

Updated September 2017

ANDRES, KAREN K. 14919 N.W. 160TH St., Newton, KS 67114 Telephone: 316-799-2857 E-mail: KKandres4@outlook.com

Congregation: Zion Mennonite Conference: Western

Experience: 2008-

Training: B.A. (Bethel College); Spiritual Guidance Seminar for Pastoral Leaders (AMBS); Ordained pastor of MCUSA, currently serving as chaplain in

mental health facility.

Retreats: Prayer and healing **Availability:** Open to everyone

BARBER, ROSE MARIE 1781 Grove St., Eugene, OR 97404 Telephone: 541-689-5027 E-mail: mzbarber@gmail.com

Congregation: Eugene Mennonite **Conference:** Pacific Northwest

Experience: 2006-

Training: M.Div.; certified spiritual director Benedictine Spiritual Formation

Program (Benet Hill, Colorado Springs, CO) – 2 year program with

certification as spiritual director **Availability:** Open to all

BARTSCH, MARK LEE. Kobe, Japan

Telephone: E-mail: bartschmark@gmail.com
Congregation: Toledo Mennonite Conference: Ohio

Experience: 2001-

Training: M.Div.; Spiritual Directors Training (EMS); Ordained (OH Conf)

Availability: Men by Skype

BARTSCH, STEPHANIE DELIGHT, Kobe, Japan

Telephone: E-mail: stechanjapan@gmail.com
Congregation: Toledo Mennonite Conference: Ohio

Experience: 2000-

Training: M.Div. – with studies in spiritual formation; Spiritual Directors

Training (EMS); Ordained (Ohio Conf)

Availability: Women by Skype

BENDER, MARILYN HANDRICH. 26 N. 16th St., Allentown, PA 18102

Telephone: 412-512-2992 E-mail: marilynhbender@gmail.com

Congregation: RIPPLE Conference: Franconia

Experience: 1997-.

Training: Virginia Conference School of Spiritual Formation; M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS)

Availability: Individual spiritual direction

BERKEY-GERARD, MELISSA 5137 Cedar Avenue Philadelphia, PA 19143

Telephone: 917 415-2491 Email: Melissa.berkeygerard@gmail.com **Congregation**: Germantown Mennonite **Conference**: Unaffiliated

Experience: 2016-

Training: MDiv Princeton Theological Seminary; Certificate in Spiritual

Direction, Kairos School of Spiritual Formation.

Retreats: Prayer; scripture meditation; spiritual growth during transitions; healing; seasons of the Christian year; Discernment; integration of spirituality and social justice; contemplative prayer pratices; embodied spirituality; healing

the image of God

Availability: All are welcome.

BOWMAN, MARY JO 168 Rural Drive, Mount Solon, VA 22843

Telephone: 540-383-7792 Email: bowbro@juno.com

Congregation: Community Mennonite Church Conference: Virginia

Experience: - 2004-

Training: M.Div. from Eastern Mennonite Seminary 2007 with concentration

in spiritual formation; Clinical Pastoral Education. **Availability:** Individuals in the Harrisonburg VA area

BRUBAKER, VERLE A 227 N Hellertown Ave, Quakertown PA 18951

Telephone: 267 374-5806 **E-mail:** pastorverle@justswamp.com **Congregation:** Swamp Mennonite Church **Conference:** Franconia

Experience: 1997-

Training: M.Div., Spiritual Guidance Seminar for Pastoral Leaders (AMBS)

Availability: Anyone in Eastern Pennsylvania

BYLER, DEB 2441 Southdale Dr, Elkhart IN 46517

Telephone: 574 304-2403 Email: debkb22@frontier.com

Congregation: Hively Avenue Mennonite Conference: Central District

Experience: 2015-

Training: Spiritual Guidance Practicum at AMBS; MDiv from AMBS; DMin from Columbia International University with an emphasis in Member Care, which is pastoral care for mission workers.

Retreats: Spiritual formation/renewal for survivors of sexual abuse **Availability**: I am available to anyone. I have done most of my spiritual

direction via Skype since my directees are living overseas.

CARLSEN, JULIE 1262 W Pratt Blvd #3, Chicago IL 60626

Telephone: 847-868-5792 Email: holy.listening.julie@gmail.com **Congregation**: Living Water Community Church **Conference**: Illinois

Experience: 2011-

Training: Certificate in Spiritual Direction from the Center for Spiritual

Direction at North Park Seminary, 2012.

Retreats: Prayer; scripture meditation; seasons of the Christian year; Enneagram

Availability: individual spiritual direction

CARSON, KELLY 5549 E Earl Young Rd., Bloomington, IN 47408

Telephone: 812-202-1563 Email: kellv.pat.carson@gmail.com

Congregation: Mennonite Fel of Bloomington Conference: Indiana-Michigan

Experience: 1999 – current Member: Spiritual Directors International Training: Spiritual Guidance Practicum; Spiritual Guidance Seminary,

Associated Mennonite Biblical Seminary (Elkhart, IN); Master of Divinity with

emphasis in pastoral care and counseling, AMBS (2000)

Availability: individual spiritual direction

CENDER, WILMA, Valparaiso IN 46383

Telephone: 219-464-3462 Email: wilmacender@gmail.com

Congregation: Valparaiso Mennonite Conference: Indiana-Michigan

Experience: 2011-

Training: Spiritual Direction Practicum, AMBS 5/12; Certificate in

Theological Studies, AMBS 12/11; Masters, Christian Formation, AMBS 2014 Retreats: Word as individual and group spiritual direction including areas of

grief and life disappointment; retreat leading and planning.

Availability: No limits

CLARK, KEVIN A. 8126 Hopkins Gap Rd., Fulks Run, VA 22830

Telephone: 540 867-0409 E-mail: clarkka@emu.edu Congregation: Big Spring Mennonite Conference: Virginia

Experience: 1992-

Training: M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS); D.Min. in Spiritual Direction (Graduate

Theological Foundation) Availability: No limits

COMBS, JEFFREY P. 21031 County Route 16Watertown, NY 13601

Telephone: 315-925-7714 E-mail: jeff.combs@aireservnny.com

Congregation: Southside Mennonite Conference: Ohio

Experience: 1995-

Training: MACL - Christian Spiritual Formation (EMS)

Availability: Limited to men, in congregation or in Springfield area

DIENER, GLORIA 860 Canterbury Court, Harrisonburg VA 22801

Telephone: 540-433-3373 E-mail: ggdiener@gmail.com

Congregation: Park View Mennonite Church Conference: Virginia

Experience: 2013-

Training: Certificate from Eastern Mennonite Seminary. Summer Institute

for Spiritual Formation. Retreats: Poetry and Prayer Availability: Local area

DOEHRMANN, NOEL (TONY) 1320 Mill Park Drive, Marysville OH 43040

Telephone: 419-551-1107 E-mail: jubileemenno@gmail.com

Congregation: Jubilee Mennonite Conference: Ohio

Experience: 2014-

Training: AMBS Spiritual Guidance Seminar 2014-15; Spiritual Direction workshops and classes at EMS, 2012; Hesston College Pastoral Ministries

2008; 1 unit Clinical Pastoral Education 2007.

Retreats: Prayer; scripture meditation; spiritual formation of leaders;

baptismal preparation. Availability: No limits

DRESCHER-LEHMAN, JOHN 1900 Twin Lows Road., Green Lane, PA 18054

Telephone: 215-527-7508 E-mail: Johndl118@verizon.net Congregation: Methacton Mennonite Conference: Franconia

Experience: 2003-

Training: Certificate in Spiritual Guidance (AMBS); MSW; Currently

practicing LCSW in private practice.

Retreats: Prayer, Scripture meditation; Spiritual formation of leaders; Spiritual

growth during transitions; Healing; Guided individual or group retreat **Availability:** Open to all individuals both in person and by Skype

DRESCHER-LEHMAN, SANDY 1900 Twin Lows Rd., Green Lane, PA 18054

Telephone: 215-453-1624 E-mail: johnsandy82@verizon.net Congregation: Methacton Mennonite Conference: Franconia

Experience: 2013-

Training: Certificate in Spiritual Direction at Kairos School of Spiritual

Formation; MA in Christian Education; MSW.

Retreats: Prayer, Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Seasons of the Christian year; Self-care; Rituals of consent to aging.

Availability: Available at our retreat center (www.fernrockretreat.org)

DRIEDGER, JUNE MEARS. 1918 Clifton Ave., Lansing, MI 48910

Telephone: 517 346-7610 E-mail: jmdriedger@mindspring.com

Congregation: MSU Mennonite Conference: Indiana-Michigan/Central Dist

Experience: 1995-

Training: M.A. in Christian Spirituality (AMBS)

Retreats: Prayer, creativity and faith, women, spiritual formation, spiritual

practices, and seasons of the Christian year

Availability: No limits

EPP, CHARLENE. 2400 Simms St, Lakeswood, CO 80215

Telephone: 971 404-4456 E-mail: charlenekepp@frontier.com Congregation: Glennon Heights Conference: Mountain States

Experience: 1998-

Training: Spiritual Guidance Seminar (AMBS); M.Div. (AMBS);

training in local convents/prayer centers

Retreats: Women's retreats Availability: No Limits

FRANKENFIELD, MARLENE 428 Turnberry Way, Souderton, PA 18964

Telephone: 215 527-2748 E-mail: marlenefrankenfield@gmail.com

Congregation: Salford Mennonite Conference: Franconia

Experience: 2013-

Training: Completed 2 year program at Oasis—Spiritual Direction for

Spiritual Guides, Contemplative Prayer and Spiritual Guidance.

Retreats: Prayer; spiritual formation of leaders; spiritual growth during transitions; spiritual formation/practices with youth/youth pastors and others; discernment group for life decisions; self-care; group spiritual direction.

Availability: Everyone is welcome from all ages, all walks of life, and all faith traditions. My meeting space is in Souderton, Pa. I am open to meeting by webcam for those who live a distance from my local meeting space.

(www.MarConnections.com)

GEHRING, BARBARA KREHBIEL. 221 S 8th St, Manhattan, KS 66502

Telephone: 785 340-6105 E-mail: office@manhattanmennonitechurch.org

Congregation: Manhattan Mennonite Conference: Western

Experience: 2008 -

Training: Spiritual Guidance Seminar (AMBS), MSW (University of Illinois) **Retreats:** Prayer, scripture meditation, spiritual formation of leaders, baptismal preparation, spiritual growth during transitions, healing, seasons of Christian year

Availability: Open to all

GEISER, Teresa L. 2324 Aurora Ave, Elkhart IN 46517

Telephone: 574 612-4048 E-mail: chartergeiser@gmail.com

Congregation: Hively Ave. Mennonite Conference: Central District

Experience: 2011 -

Training: M.Div. 2012 (AMBS); Spiritual Direction Practicum 2011-2012

(AMBS)

Retreats: Prayer, scripture meditation, spiritual growth during transitions,

healing, seasons of the Christian year, call/discernment

Availability: Available on limited basis—community & church, referrals

welcome in Elkhart area

GERBER, SHERAH-LEIGH 134 Windy Knoll Dr, Rockingham VA 22802

Telephone: 540 705-1295 E-mail: Shergerber@gmail.com Congregation: Harrisonburg Mennonite Conference: Virginia

Experience: 2008 –

Training: M.Div., Eastern Mennonite Seminary with participation in the

Summer Institute for Spiritual Formation

Retreats: Prayer, Scripture meditation, Spiritual formation of leaders, Seasons

of the Christian year (such as Advent/Lent)

Availability: I am available to meet with people in Harrisonburg

GINGERICH, JENNIFER LYN 3584 Orchard Heights P1 NW, Salem OR 97304

Telephone: 503 833-2469 E-mail: jenniferlg@mennonite.net

Congregation: Salem Mennonite Church Conference: Pacific Northwest

Experience: 2011 -

Training: Training in Spiritual Guidance Practicum, AMBS w/Marlene Kropf; M.Div., AMBS 2012 in Pastoral Care and Counseling; Gestalt Pastoral Care

Foundational Training, 10/2010-5/2012.

Retreats: Transition, Vulnerability/Self Worth, Self Care

Availability: Willamette Valley, Oregon

GLICK, SALLY WEAVER 615 College Ave, Goshen, IN 46526

Telephone: 574 534-1537 Email: swglick@gmail.com Congregation: Open Table Mennonite Fellowship

Conference: Central District

Experience: 2008-

Training: M. Div. (AMBS); Spiritual Guidance Seminar for Pastoral Leaders (AMBS); Advanced Spiritual Guidance Seminar (AMBS); Gestalt Pastoral Care

Foundational Training (Gestalt Pastoral Care Ecumenical Associates) **Retreats**: Prayer, scripture meditation, seasons of the Christian year,

discernment, faith and writing **Availability**: No restrictions

GOERING, SUSAN ORTMAN.1325 Green Gables Cr., Ft. Collins CO 80525

Telephone: 970-568-8724 Email: sogoering8@gmail.com Congregation: Church Planting Conference: Mountain States

Experience: 2009-

Training: MDiv, Iliff School of Theology, Spiritual Direction Certificate, Wellstreams, a program of the Spirituality Network, Columbus, OH...

Retreats: Prayer, Healing, Seasons of the Christian year

Availability: No restrictions

GRABER, Gail 1924 Apache Rd., Moundridge KS 67107 **Telephone**: 620-345-8564 **Email**: ggraber@mtelco.net

Congregation: Eden Mennonite Church Conference: Western District

Experience: 2015-

Training: Independent study Spiritual Direction Practicum through AMBS. Spiritual Formation/Spiritual Direction Program at Heartland Spirit Life Center. **Availability**: I am available to serve as spiritual director to persons living in

my area. Open to either men or women (both).

GUDIN, SYLVIE. 613 Garfield., Elkhart, IN 46516

Telephone: 574 522-2890 E-mail: sylviegudin@gmail.com

Congregation: Fellowship of Hope Mennonite

Conference: Indiana-Michigan

Experience: 2008-

Training: Spiritual Guidance Practicum (AMBS)

Retreats: Spiritual growth during transitions, healing, art and spiritual

direction groups

Availability: No restrictions

GUENGERICH, RONALD. 64893 Apple Blossom Ln, Goshen, IN 46526

Telephone: 574 533-3545 E-mail: ronaldg@frontier.com

Congregation: Silverwood Mennonite Conference: Central District

Experience: 1991-

Training: Currently in training in spiritual direction (Shalem Institute)

Availability: Local men and women

GULLMAN, DAVID. 2336 Mayland Rd., Broadway, VA 22815

Telephone: 540 810-6263 E-mail: dgullman@pleasantviewinc.org Congregation: Crossroads Mennonite Conference: Virginia

Experience: 1996-

Training: MACL - Christian Spiritual Formation (EMS) **Retreats:** Persons with disabilities and their families

Availability: Limited to persons in local area; retreats may be elsewhere

GUTHRIE, JANET ELAINE 206 W Michigan Ave, Urbana IL 61801

Telephone: 217-840-3314 E-mail: janet.elaine@att.net **Congregation**: First Mennonite Church of Champaign-Urbana

Conference: Illinois/Central District

Experience: 2010-

Training: Advanced Spiritual Guidance Seminar (AMBS); Spiritual Guidance

Seminar at AMBS; M.Div (AMBS)

Retreats: Prayer; Scriptural meditation; Healing; Transitions; Spiritual formation of leaders; Seasons of the Christian year; Monastic wisdom; Celtic

spirituality; Rule of life; Mission and vision; Discernment; Pilgrimage

Availability: Open

HALTEMAN, JANE L. 1517 Marquette Blvd, South Bend IN 46628

Telephone: 630 935-3417 **E-mail:** janebishophalteman@gmail.com **Congregation:** Kern Road Mennonite **Conference:** Indiana-Michigan

Experience: 1998-

Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS)

Availability: Women and men; individuals or groups

HARDER, CAROL. Shalom Hill Farm, 42194 County Road 3, Windom, MN 56101

Telephone: 651 457-8436 **E-mail**: harder.carol@yahoo.com **Congregation:** Faith Mennonite **Conference:** Central Plains

Experience: 2001-

Training: M.A. in Theology (AMBS); Spiritual Guidance Practicum

(Center for Spiritual Guidance, Minneapolis) **Retreats:** Scripture meditation, prayer

Availability: Women and men; individuals or groups

HARTMAN, EMMA. 720 S 11th St, Goshen, IN 46526

Telephone: 574 536-3540 **E-mail**: office@mcusacdc.org **Congregation**: Faith Mennonite **Conference**: Central District

Experience: 2000-

Training: Spiritual Guidance Practicum (AMBS); M.A. in Christian

Formation (AMBS) **Availability**: No limits

HARTZLER, RACHEL NAFZIGER 1410-5 Pembroke Circle, Goshen IN 46526

Telephone: 574-370-8186 Email: rach@maplenet.net

Experience: 2004-

Training: AMBS Spiritual Guidance Practicum; AMBS Advanced Spiritual

Guidance Practicum; Master of Arts in Christian Formation

Retreats: Prayer, Spiritual growth during transitions, Grief, Spirituality & Sexuality

Availability: Individuals or groups

HARYONO, STEFANUS. Claremont School of Theology, 1325 N College Ave,

Claremont CA 91711

Telephone: 909 736-8292 **E-mail**: stef7765@hotmail.com **Congregation**: Muria Indonesia Christian Church in Pati

Conference: GKMI Synod

Experience: 2001-

Training: M.A. in Christian Formation (AMBS); Spiritual Guidance

Seminar (AMBS)

Availability: Women and men

HELMUS, LINDA. 540 Eastside Dr., Lancaster, PA 17601

Telephone: 717 295-9149 **E-mail:** helmus540@dejazzd.com **Congregation:** Neffsville Mennonite **Conference:** Atlantic Coast

Experience: 1998-

Training: M.Div (Lancaster Theological Seminary), coursework in contemplative spirituality and spiritual direction; Certificate in Spiritual

Direction (Oasis Ministries)

Retreats: Spiritual practices for every day, seasons of the Christian year, Sabbath keeping, Celtic spirituality, desert spirituality, women and wellness

Availability: Local women

HOOVER, SARALEE (SALLY) MARTIN 1517 Hampden Blvd, Reading, PA

19641 **Telephone**: 484 219-0617 **E-mail**: SMartinHoover@gmail.com

Congregation: none **Conference**: none

Experience: 2001-

Training: Lancaster Conference Spiritual Guidance Seminar

Retreats: Women Finding Voice

Availability: Open to all

HORST, CARMEN. 202 W. Walden Ave, Goshen, IN 46528

Telephone: 574 533-7064 E-mail: cshorst@gmail.com

Congregation: Assembly Mennonite **Conference:** Indiana-Michigan/Central

Experience: 2003-

Training: Spiritual Guidance Seminar (AMBS); M.A. in Christian Formation (AMBS); Gestalt Pastoral Care Basic Training (Gestalt Pastoral Care Ecu-

menical Associates)

Availability: Local women and men

HORST, JOYCE. 224 North Pearl St, Columbiana, OH 44408

Telephone: 330 482-5285 E-mail: rejoice212@aol.com Congregation: Leetonia Mennonite Conference: Ohio

Experience: 2012-

Training: Eastern Menn Seminary Summer Institute of Spiritual Formation & Spiritual Direction; Inner Healing Formational Prayer, Ashland Seminary **Retreats:** Prayer, scripture meditation, spiritual growth during transitions,

health, for those who want to grow deeper in their walk with Jesus.

Availability: Local congregation and local community to fit into my schedule.

HORST, PHILIP M. 611 East End Ave., Lancaster, PA 17602

Telephone: 717 295-1286 E-mail: philhorst@verizon.net

Congregation: James Street Mennonite Conference: LMC-MC USA

Experience: 2002-

Training: Kairos School of Spiritual Formation (Lancaster, PA); M.A. in Holistic Spirituality and Spiritual Direction (Chestnut Hill College)

Retreats: Prayer (limited availability) **Availability:** Men and women

HORST, THELMA W. 110 Savo Ave., Lancaster, PA 17603

Telephone: 717 560-3999 E-mail: thelmasue2@yahoo.com

Congregation: James Street Mennonite Conference: LMC-MC USA

Experience: 2001-

Training: Lancaster Conference Spiritual Guidance Seminar

Retreats: Prayer, healing **Availability**: Women and men

HOSTETTER, DARREL M. 735 Emerald Dr., Lancaster, PA 17603

Telephone: 717 381-7854 E-mail: darrelsherill@gmail.com

Congregation: James Street Mennonite Conference: LMC-MC USA

Experience: 2001-

Training: M.A. in Religion (EMS); Lancaster Conference Spiritual

Guidance Seminar **Availability**: Men

HOSTETTER, SHERILL. 735 Emerald Dr., Lancaster, PA 17603

Telephone: 717 380-4097 E-mail: darrelsherill@gmail.com

Congregation: James Street Mennonite Conference: LMC-MC USA

Experience: 1996-

Training: M.A. in Congregational Leadership -- concentrations in pastoral care/counseling and spiritual formation (EMS); Certificate in Gestalt Pastoral

Care (Tilda Norberg).

Availability: Local women and men

HOUSER, MARY LOU WEAVER. 232 N Mary Street, Lancaster, PA 17603

Telephone: 717 368-0863 **E-mail:** mlouweaverhouser@gmail.com

Website: www.explore232.com

Congregation: Community Mennonite-Lancaster Conference: Atlantic Coast

Experience: 1997-

Training: M.A. in Holistic Spirituality and Spiritual Direction (Chestnut Hill

College)

Retreats: Prayer, spiritual formation of leaders, Ignatian spiritual exercises, Enneagram spirituality, discernment, gardening/earth care, art as meditation

Availability: Individual or group direction; willing to Skype

HOVDE, LINDA K. O. 808 Reba Place #2, Evanston IL 60202

Phone: 847-859-2440 E-mail: hovderl@comcast.net

Congregation: Conference:

Experience: 1983-

Training: B.S.; M.Ed (University of Illinois); Spiritual Formation course

(The Hermitage)

Retreats: Prayer, Scripture meditation

Availability: Individuals (women and men) and formation groups locally;

retreats outside the area

JACOBS, RACHEL MILLER. 311 Gra Roy Drive., Goshen IN 46526

Telephone: 574 538-7978 **E-mail**: rachelmillerj@gmail.com **Congregation**: Faith Mennonite **Conference**: Central District

Experience: 1999-

Training: Spiritual Guidance Practicum (AMBS); M.Div. (AMBS)

Availability: Local women and men

JOHNSON, JANEEN BERTSCHE 64382 Limberlost Dr., Goshen, IN 46526

Telephone: 574 296-6216 E-mail: jbjohnson@ambs.edu

Congregation: Eighth Street Mennonite Conference: Central District

Experience: 1995-

Training: M.Div.,AMBS; AMBS peer group **Retreats:** Prayer, seasons of the Christian year **Availability:** AMBS students and people in the area.

KING, MARY ETTA. 7560 Chama Ct., Colorado Springs, CO 80920

Telephone: 717 341-4223 E-mail: maryettak@comcast.net

Congregation: Beth-El Mennonite Church **Conference:** Mt States

Experience: 1998-

Training: Kairos School of Spiritual Formation (Wernersville); Certificate in Spiritual Direction Training (Chestnut Hill College, Philadelphia); M.A. in

Christian Formation (AMBS)
Retreats: Prayer and healing
Availability: Women and men

KRAYBILL, SHARON. 639 Juliette Ave., Lancaster, PA 17601

Telephone: 717-293-9641 E-mail: sjkraybill@gmail.com

Congregation: East Chestnut Street Mennonite Conference: LMC-MC USA

Experience: 2001-

Training: M.Div. (Eastern Baptist Theological Seminary, now Palmer);

Spiritual Guidance Seminar (Lancaster Conference)

Retreats: Poetry for the Spirit

Availability: Currently not taking new directees.

KROPF, MARLENE. 171 Hemlock Drive, Port Townsend WA 98368

Telephone: 360-344-2021 E-mail: mkropf@ambs.edu

Congregation: Portland Mennonite Conference: Pacific Northwest

Experience: 1984-

Training: M.Div. (AMBS); coursework in spiritual direction (Univ of Notre Dame); DMin in Spirituality and Worship (Graduate Theological Foundation) **Retreats:** Prayer, spiritual formation of leaders, healing, seasons of the

Christian year, Celtic spirituality, transitions

Availability: Persons in Pacific Northwest region

LANCTOT, NINA B. 56027 CR 23, Bristol, IN 46507

Telephone: 574 361-9536 E-mail: nina.b.lanctot@gmail.com

Congregation: Florence Church of the Brethren Mennonite **Conference:**

Central District Conference

Experience: 1995-

Training: I took two levels of spiritual direction training through AMBS, the

first course and the advanced course. MDiv AMBS

Retreats: Prayer, spiritual meditation, Spiritual formation of leaders;

Baptismal preparation; Spiritual growth during transitions; Healing; seasons of the Christian year; The Arts and Prayer; The Wisdom Way of Knowing; The

Wisdom Jesus

Availability: I am open to all requests for spiritual direction and will add people to my practice as time allows. I prefer to meet in person but do provide spiritual direction by phone in some cases. I enjoy leading guided retreats for individuals or groups.

LANTING, ESTHER A 1529 Firestar Dr, Goshen IN 46525

Telephone: 574 850-4407 E-mail: EstherALanting@gmail.com

Congregation: Hudson Lake Mennonite Conference: Indiana-Michigan

Experience: 2006-

Training: MA/Theology, Mennonite Brethren Seminary; MDiv, AMBS; Spiritual Guidance Practicum, AMBS; Advanced Spiritual Guidance

Practicum, AMBS

Retreats: Prayer, spiritual meditation, Spiritual growth during transitions

Availability: Local women and men

LAPP, JAMES M. 443, Penn Oak Dr, Harleysville PA 19438

Telephone: 215 513-4115 E-mail: lappjm@gmail.com Congregation: Salford Mennonite Conference: Franconia

Experience: 2003-

Training: BD (AMBS); DMin (Drew Theol Seminary); Spiritual Guidance Seminar (AMBS); one unit CPE (Winston-Salem & Crozer Theol Seminary); Marriage & Family Therapy training (Marriage Council of Philadelphia)

Retreats: Spiritual formation of leaders

Availability: Open to anyone, with primary interest in pastors

LEHMAN, CHERYL M. 244 Brian Ave., Mt. Joy, PA 17552

Telephone: 717 371-2932 E-mail: thelehmans@aol.com

Congregation: Community Mennonite-Lancaster Conference: Atlantic Coast

Experience: 1996-

Training: Spiritual Direction Training Program (Kairos School of Spiritual Formation, Lancaster, PA), Postgraduate Training in Supervision for Spiritual

Directors, M.Div., B.A. Religious Studies, Peace Studies **Retreats:** Prayer, spiritual formation, scripture meditation

Availability: Women, men, groups, clergy, supervision for spiritual directors

LEHMAN, TANYA KURTZ. 1368 West St., Cornwall, VT 05753

Telephone: 802 462-3488 E-mail: tanyakl@hotmail.com Congregation: Middlebury Friends Meeting Conference:

Experience: 1997-

Training: M.Div. in Theological Studies: Christian Spirituality (AMBS);

Practicum in Spiritual Direction (AMBS) Availability: Individuals in local area

LENGACHER, JEAN HARNISH 66 Smithville Rd, New Providence PA 17560

Telephone: 717 314-4950 **E-mail:** jeanlengacher@gmail.com **Congregation:** St. James Episcopal Church **Conference:**

Experience: 2006-

Training: Master of Divinity/Christian Spiritual Formation, EMS; Gestalt Pastoral Care, Tilda Norberg; Clergy Spiritual Life & Leadership, Shalem Inst **Retreats:** Prayer; scripture meditation; spiritual growth during transitions; healing.

Availability: Women and men in individual and group spiritual direction;

willing to do Skype.

LIND, LESTER 390 Norris Ridge Rd, Philippi, WV 26416

Telephone: 304 457-1420 **E-mail:** <u>lmlind13@frontier.com</u> **Congregation:** Philippi Mennonite **Conference:** Allegheny

Experience: 1989-

Training: M.A. (EMS); Shalem Institute of Spiritual Formation, Group

Leaders Program

Retreats: Nature and spirituality, simplicity, sustainability

Availability: Local men and women; maintains part-time office in

Harrisonburg, VA

LIND, MARY BETH. RR 3, Box 241-B, Philippi, WV 26416

Telephone: 304 457-1420 E-mail: lmlind13@frontier.com Congregation: Philippi Mennonite Conference: Allegheny

Experience: 1989-

Training: Spiritual Direction Institute (Charlottesville); coursework at

AMBS and EMS

Availability: Persons in local area

LONGLEY, SALLY. 71 Narrabeen Park Pde, Warriewood Beach, Sydney, NSW

2102, Australia Telephone: 011-61-2-9913-7871 E-mail:

sally@longlev.com.au

Congregation: St. John's Anglican Church

Experience: 2005-

Training: Diplomas in theology and religious studies (London School of

Theology); B.Th (University of South Africa); Spiritual Guidance Seminar (AMBS)

Availability: Open to all

MARTIN, RUTH S. 11 Foxfield Lane, Elizabethtown, PA 17022-1774

Telephone: 717 361-8445 E-mail: ruthsmartin@peoplepc.com Congregation: Marietta Community Chapel Conference: Lancaster

Experience: 1993-

Training: BSN; Certificate in Spiritual Direction (Kairos School of Spiritual

Formation, Wernersville)

Retreats: Prayer, scripture meditation

Availability: Local women

MASSANARI, ERIC 319 S. Pine St., Newton, KS 67114

Telephone: 316-283-5281 E-mail: emassanari@gmail.com

Congregation: Bethel College Mennonite Church Conference: Western

Experience: 2005-

Training: M.Div (Iliff School of Theology); Certificate in Spiritual Direction,

Souljourners (Benedictine Sisters of Mt. St. Scholastica, Atchison, KS);

Spiritual Guidance Seminar for Pastoral Leaders (AMBS)

Retreats: Prayer, scripture meditation, baptismal preparation, spiritual growth

during transitions, seasons of the Christian year

Availability: Local men and women.

MAST, CHARLENE 64880 Thornapple Ct, Goshen IN 45626

Telephone: 574 333-7028 Email: cmast56@gmail.com Congregation: Walnut Hill Conference: Indiana-Michigan

Experience: 2015-

Training: Masterrs Christian Formation, concentration in spirituality, AMBS

(MaCF); 1 yr (4 credit hrs) Spiritual Guidance practicum, AMBS.

Availability: I am available to persons locally and would consider use of technology for directees that aren't local, depending on the circumstances.

MAST, DONNA 1907 Mayfield Drive, Spencerville IN 46526

Telephone: 724-493-4438 Email: donnamast@gmail.com

Congregation: Silverwood Mennonite Church Conference: Central District

Experience: 1997-

Training: MaCL in Christian Spiritual Formation and Spiritual Direction; Pastoral Care and Counseling from Eastern Mennonite Seminary in 1997 **Retreats:** Prayer, scripture meditation, spiritual formation of leaders

Availability: I am currently not accepting new directees

MAST, MATTIE MARIE 1215 Wordsworth Ct. Harrisonburg, VA 22802

Telephone: 330-749-2440 **Email:** mast.mattie@gmail.com **Congregation:** LifeBridge Comm Church **Conference:** Ohio

Experience: Since 2001

Training: Certificate in Spiritual Direction (Kairos School of Spiritual Formation, PA) M.A. in Spiritual Care & Counseling (Neumann Univ) **Availability:** Women & Men; Bilingual (Spanish-English); Group Spiritual

Direction

MELLINGER, LAURIE 463 N Oak St, Lititz PA 17543

Telephone: 717 627-2935 or 471-6970 E-mail: laurieamellinger@gmail.com
Congregation: West End Mennonite Fellowship Conference: Lancaster Experience: 2006-

Training: Classes in spiritual direction 1998 (Lancaster Theological Seminary), 2006 (Catholic University of America), 2007-8 (Evangelical Seminary); Certificates in Spiritual Direction 2010 (Oasis Ministries) and 2017 (Kairos School of Spiritual Formation); Ongoing training in supervision of spiritual directors (Kairos, 2017-2018); Master of Arts (History/Theology) Evangelical Seminary; Ph.D. in Christian Spirituality, Catholic University of America Retreats: "Come Away (before you come undone"; "Drinking Deeply: The Practice of Lectio Divina"; "Desire and Hope"; "Quiet and Effective: Leading as an Introvert"; "Spiritual Formation and Sexual Identity"; "Streams of Living Water: Traditions in Christian Spirituality"; "Prayer in Lent and Ordinary Time" Availability: Open to all; meet with clients in Lititz or Myerstown, PA. Willing to work virtually/online/at a distance.

MILLER, DOREEN 28 Moore Rd, Lebanon PA 17406

Telephone: 717 926-9197 **E-mail**: mdmillers@icloud.com **Congregation**: Gingrichs Mennonite **Conference**: Lancaster

Experience: 2013-

Training: Certificate 2013 in Spiritual Direction (Kairos); Master of Arts in

Religion in Spiritual Formation (Evangelical Theological Seminary)

Retreats: Prayer; Scripture Meditation; God and Nature—Water, Wind Fire, Rock; Streams of Living Water (Richard Foster's description of Christian spiritual traditions)

Availability: Women. Men. Skype. Trained to give the Ignatian Spiritual Exercises.

MILLER, EVAN J. 612 S 3rd St, Goshen IN 46526

Telephone: 574 534-602050 E-mail: evanjmiller@frontier.com Congregation: 8th Street Mennonite Conference: Central District

Experience: 2009-

Training: Spiritual Gidance Seminar (AMBS), Colloquium in Group Spiritual

Formation (AMBS)

Retreats: Spiritual formation of leaders; Spiritual growth during transitions **Availability**: No restrictions; special interest in intersection of spirituality and

leadership

MILLER, H. JANE. 13653 Jericho Rd., PO Box 73, Kidron, OH 44636-0073

Telephone: 330 857-2651 **E-mail**: janelloydmiller@yahoo.com **Congregation**: Sonnenberg Mennonite **Conference**: Ohio

Experience: 1992-

Training: Spiritual Formation and Companioning course with Gene & Mary Herr, 1990-1992 (AMBS), Spiritual Guidance Seminar for Pastoral Leaders

(AMBS); Calling and Caring Ministries Lab I

Availability: Local women

MILLER, JOAN YODER. 64308 CR 21, Goshen, IN 46526.

Telephone: 574 534-4486 **E-mail:** joyomiller@frontier.com **Congregation:** Southside Fellowship **Conference:** Central District

Experience: 1980-

Training: Shalem Institute

Retreats: Spiritual formation, scripture meditation, dreamwork

Availability: Women and men local and beyond

MILLER, LYNETTE 18636 N 500 E Rd, Danvers IL 61732

Telephone: 309 963-4495 E-mail: dlmiller@frontiernet.net

Congregation: Mennonite Church of Normal Conference: Illinois/CDC

Experience: 2015-

Training: Completion of Spiritual Guidance Seminar, AMBS 2014-2015 **Availability:** I am available for spiritual direction in the central Illinois area

with a centrality in Bloomington-Normal.

MILLER, MARK A. 413 Wedgewood Ct.., Hesston, KS 67062

Telephone: 620 327-5172 **E-mail:** pastorwm@embarqmail.com **Congregation:** Whitestone Mennonite **Conference:** South Central

Experience: 1996-

Training: M.Div. with coursework in Spiritual Direction (EMS)

Availability: Women and men

MILLER, WENDY J. 1915 New Sharon Church Rd, Hillsborough, NC 27278

Telephone: 540 421-9725 **E-mail:** wemiller1959@gmail.com **Congregation:** Peace Mennonite **Conference:** Western District

Experience: 1989-

Training: Shalem Institute Group Spiritual Guidance; STM in Spiritual Direction (General Theological Seminary); training in supervision **Retreats:** Spiritual formation of leaders, prayer, Scripture meditation, seasons of the Christian year, spiritual growth during transitions, healing **Availability:** Seminary students, women and men, persons in ministry

MILLER, WENDY WYSE. 413 Wedgewood Ct., Hesston, KS 67062

Telephone: 620 327-5172 E-mail: pastorwm@embarqmail.com Congregation: Whitestone Mennonite Conference: South Central

Experience: 1995-

Training: M.A. in Church Leadership, coursework in spiritual formation

(EMS)

Availability: Women and men within congregation and beyond

MINTER, Karla J. 20111 Regina Rd, New Paris IN 46553

Telephone: 574 202-0704 E-mail: kjminter@ambs.edu

Congregation: Waterford Mennonite Church and Open Table Mennonite

Fellowship Conference: Indiana-Michigan

Experience: 2012-

Training: Master of Arts in Christian Formation, Anabaptist Mennonite Biblical Seminary, 2012; Spiritual Guidance Practicum, AMBS 2011-12; Advanced Spiritual Guidance Seminar, AMBS, 2015-16.

Emphasis: The contemplative leader; prayer practices for peacemakers;

contemplative retreats; biblical storytelling; life transitions.

Availability: Goshen and Elkhart for individual and group direction.

MOELJONO, REBEKA. 2331 E Curtis Ct, Glendora CA 91731

Telephone: 626 257- 8560 E-mail: <u>rkmoeljono@gmail.com</u>

Congregation: JKI Anugerah-Grace Indonesian Christian Fellowship

Conference: Pacific Southwest

Experience: 2008-

Training: M.A. in Christian Formation (AMBS), Spiritual Guidance Practicum

(AMBS)

Retreats: Discerning God's Call/Life Transitions, Dreamworks, Spiritual Gifts, Enneagram Prayers, Creative Prayers (Praying with Colors, Praying with Your Body, Creative Journaling), Food and Spirituality, Photography and Spirituality, Nature and Spirituality, Cycling Retreat.

Availability: Individual and Group Spiritual Direction/Retreat. Local or

through Skype. Open to All.

MORTON, CRAIG D. 2743 W. Wave Ct., Meridian, ID 83642

Telephone: 208 631-0150 E-mail: craig@themissionplace.org

Congregation: Emmaus Christian Fellowship Conference: Pacific Northwest

Experience: 1989-

Training: Workshops, coursework, ministry (Acuto Center, Alban Institute,

Allelon, Church Innovations, Lombard Peace Center)

Availability: No limits

NAFZIGER, CHRISTINE. 1147 Wooster Rd., Millersburg, OH 44654

Telephone: 330-674-1706 E-mail: nafzigerpnc@hotmail.com Congregation: Millersburg Mennonite Conference: Ohio

Experience: 2004-

Training: M.A. in Church Leadership with concentration in Christian

Spiritual Formation (EMS)

Retreats: Prayer

Availability: Women in my local area

NAYLOR, RUTH. 615 Crimson Maple Court., Bluffton, OH 45817

Telephone: 419 358-6309 E-mail: renaylor34@gmail.com Congregation: First Mennonite Conference: Central District

Experience: 1990-

Training: Certificate from Shalem Institute for Spiritual Guidance;

additional work at AMBS and Earlham School of Religion

Availability: Women and men local and beyond

NELSON, DAWN RUTH 130 Valley View Drive, Souderton, PA 18964

Telephone: 215 237-6742 E-mail: Dawnruthnelson@gmail.com

Congregation: Plains Mennonite Conference: Franconia

Experience: 1996-

Training: D.Min. (Lancaster Theological Seminary); M.Div. (Goshen Biblical Seminary); Certificate of Spiritual Direction (Neumann College); Certificate in Spiritual Direction (Kairos School of Spiritual Formation)

Retreats: Prayer, scripture meditation, Mennonite spirituality

Availability: Anyone in eastern Pennsylvania

NICE-SIEGENTHALER, DOLORES 4266 Wilshire Blvd, Oakland CA 94602

Telephone: 510 482-9311 E-mail: dnicebear@earthlink.net

Congregation: First Menn Ch of San Francisco Conference: Pacific SW

Experience: 2002-

Training: Spiritual Direction Diploma, San Francisco Theological Seminary 2005; M.Div. 2004; Member of Spiritual Directors International; an Inter Play Leader; experienced with yoga and Breema.

Retreats: Prayer, scripture meditation; healing; seasons of the Christian year

Availability: Local area; women or men

PAETKAU, BRENDA SAWATZKY. 602 S. 8th St., Goshen, IN 46526

Telephone: 574 533-6720 **Email:** bpaetkau@8thstmennonite.org Congregation: Eighth St. Mennonite Conference: Central District

Experience: 1999-

Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS); Advanced Spiritual Guidance Seminar (AMBS); M. Div. (AMBS)

Availability: Persons in own congregation

PEIFER, JANE HOOBER 9 Village Square., Harrisonburg VA 22802

Telephone: 717 286-5814 Email: jhooberpeifer@gmail.com

Congregation: Blossom Hill. Mennonite Conference: Atlantic Coast

Experience: 2013-

Training: M.Div. 1996 (EMS); Spiritual Director Training Program Certificate

2014 (Kairos School of Spiritual Formation)

Retreats: Prayer, spiritual meditation; spiritual formation of leaders; spiritual growth during transitions; seasons of the Christian year; keeping a Sabbath

Availability: For those living in the Lancaster PA area.

RAUDENBUSH, DEBRA L. 106 Batten's Circle, Leola, PA 17540

Telephone: 717 661-7869 E-mail: debra106@frontiernet.net Congregation: Akron Mennonite Conference: Atlantic Coast

Experience: 1997-

Training: Certificate in Spiritual Companioning; M.A. in Holistic Spirituality

and Spiritual Direction (Chestnut Hill College)

Availability: Women and men in local area; Akron Mennonite Church

RHEINHEIMER, JAN 536 E. Madison St. Lombard IL 60148

Telephone: 574-206-6261 **E-mail:** janlspringer@gmail.com Congregation: Lombard Mennonite Conference: Illinois

Experience: 1993-

Training: Casa San Jose (TX); Certificate in Spiritual Companioning

(Benet Hill Center)

Availability: Local women and men

ROESCHLEY, JANE THORLEY. 14524 N 800 E Rd, Graymont, IL 61743

Telephone: 815 848-5978 E-mail: jane@normalmennonite.org Congregation: Mennonite Church of Normal Conference: Illinois

Experience: 2004-

Training: I have received training through AMBS, taking both the Spiritual Guidance Seminar (2004) and the Advanced Spiritual Guidance Seminar (2005/06). M.A. in Christian Formation (AMBS)

Retreats: Prayer, spiritual mediation, Lectio Divina; spiritual formation of leaders; spiritual growth and care during transitions; grief, healing, loss; season of the Christian Year; the Enneagram; Exploring Fit; Sabbath and Rest; Discernment; God's Shalom Endeavor.

Availability: Persons within and outside of my congregation; persons locally or beyond (via Skype or phone, even email); both women or men.

ROTH, WILLARD E. 1801 Greencroft Blvd, Goshen, IN 46526

Telephone: 574 537-4608 E-mail: willardroth33@gmail.com

Congregation: Eighth Street Mennonite Conference: Central District

Experience: 1977-

Training: M.Div. (AMBS); CPE; continuing education at Woodbrooke College (England), Iona Community (Scotland) and Corymeela Community (Northern Ireland); intensive retreats with Basil Pennington and Thomas Keating

Retreats: Prayer, spiritual formation of leaders

Availability: Men (primarily)

RUSSELL, JUEL YODER 378 21st St., Salem, OR 97301

Telephone: 503 798-7370 E-mail: peaceonyourjourney@gmail.com Congregation: Salem Mennonite Conference: Pacific Northwest Experience: 1997-

Training: M.A. in Church Leadership with concentration in Christian Spiritual Formation (EMS)

Retreats: Spiritual growth during transitions (particularly grief), prayer, seasons of the Christian year (Advent or Lent)

Availability: Evenings and weekends for anyone willing to travel to Salem; available by Skype

RUTH-HEFFELBOWER, CLARE ANN 3198 E. Menlo Ave, Fresno, CA 93710

Telephone: 559-281-5664 E-mail: clareannrh@gmail.com

Congregation: Mennonite Community Conference: Pacific Southwest

Experience: 1987-

Training: Shalem Institute for Spiritual Formation; D.Min. with spirituality

focus (San Francisco Theological Seminary) Availability: Local women and men

SAWATSKY, MARGARET 2406 Roys Ave, Elkhart IN 46517

Telephone: 574 522-1806 **E-mail:** margaretsawatsky@gmail.com **Congregation:** Hively Avenue Mennonite **Conference:** Central District

Experience: 2009-

Training: MA '97 AMBS; Advanced Spiritual Direction seminar (AMBS); CPE residency at St Joe Hospital; certified chaplain & ordination at Hively **Retreats:** Scripture meditation; Spiritual growth during transitions (life stages/passages); Healing; Seasons of the Christian year (such as Advent/Lent)

Availability: No limits

SCHLABACH, TINA STOLTZFUS 3010 E. Loretta Drive, Tucson, AZ 85716

Telephone: 574 903-9153 E-mail: tina.schlabach1960@gmail.com

Congregation: Shalom Mennonite Fellowship

Conference: Pacific Southwest

Experience: 2000-

Training: M.Div. in Pastoral Care and Counseling (AMBS); Supervised Spiritual Guidance Practicums (foundational, advanced, group direction); Foundational and Practicum Level Training in Gestalt Pastoral Care (a synthesis of gestalt growth work, healing prayer, and spiritual companioning) **Retreats:** Prayer, scripture meditation, spiritual formation of leaders, baptismal preparation, spiritual growth during transitions, healing, seasons of the Christian year; praying through movement; personal guided retreats. **Availability:** Individual and group spiritual direction; retreat leadership.

SCHROCK, DAN 64366 Meadow Ridge Dr., Goshen, IN 46526

Telephone: 574 202-4888 E-mail: danielschrock@outlook.com

Congregation: Berkey Avenue Mennonite Conference: Indiana-Michigan

Experience: 1996-

Training: M.A. in Theology (Chicago Theological Seminary); Certificate in Spiritual Direction (San Francisco Theological Seminary); D.Min. in Christian Spirituality (Columbia Theological Seminary); training in supervision of spiritual directors (togetherinthemystery.org/)

Availability: In person or by Skype

SEARS, Jeanne The Seasons Retreat, 954 W Center, Eureka IL 61530

Telephone: 541 921-1519 E-mail: grandmajeanne54@gmail.com

Congregation: Metamora Mennonite Conference: Illinois

Experience: 2015-

Training: Church Life Pastor & Leadership Team, Coast Vineyard Christian Fellowship; Sustainable Faith School of Spiritual Direction, completed two year training.

Retreats: Prayer; Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Discernment (clearness committee); Personal retreat space available at the Seasons.

Availability: Available in person in local area to either men or women. Sessions at Seasons Retreat are preferable

SEARS, Ron The Seasons Retreat, 954 W Center, Eureka IL 61530

Telephone: 541 921-2217 E-mail: ronwsears@gmail.com Congregation: Metamora Mennonite Conference: Illinois

Experience: 2015-

Training: Church Life Pastor & Leadership Team, Coast Vineyard Christian Fellowship; Sustainable Faith School of Spiritual Direction, completed two year training.

Retreats: Prayer; Scripture meditation; Spiritual formation of leaders; Spiritual growth during transitions; Discernment (clearness committee); Personal retreat space available at the Seasons.

Availability: Available in person in local area to either men or women. Sessions at Seasons Retreat are preferable

SHANTZ, LORNA BETH 4 Park View Dr, Reinholds PA 17569

Telephone: 717 475-7259 **E-mail:** LornaBethS@gmail.com **Congregation:** Pilgrims Mennonite **Conf:** LMC-MC USA

Experience: 2011-

Training: BA '87; Conflict Resolution Training (MCC) '96; Certificate '11

Kairos School of Spiritual Formation

Retreats: Prayer; Scripture meditation; spiritual growth during transitions;

seasons of the Christian year; group spiritual direction.

Availability: Available to persons in local area; limited availability electronically; experience with disabled people and their families.

SHAVER, PAT (PATRICIA). 8150 29th Ave. SW, Seattle WA 98126

Telephone: 206 938-2456 E-mail: patshaver@comcast.net

Website: patshaverspiritualdirection.org

Congregation: Seattle Mennonite Conference: Pacific Northwest

Experience: 2006-

Training: M.A. in Transforming Spirituality - concentration in Spiritual

Direction (School of Theology and Ministry, Seattle University)

Availability: Open to all, experience in working with chronic illness and death

and dying. Open to follow-up by Skype or phone.

SHELLEY, CONNIE FUNK 1303 Stanton Creek Dr, Fort Collins, CO 80525

Telephone: 970 391-1315 **E-mail:** connie@walkingwithyou.us **Congregation:** Fort Collins Mennonite **Conference:** Mountain States

Experience: 2001-

Training: Certificate in Spiritual Formation for Spiritual Directors (Vincentian Ctr for Spirituality), B.Div. (Canyon College), hospice chaplaincy training (Nathan Adelson Hospice); Coordinator for Spiritual Direction Program and Denver Women's Correctional Facility; Spiritual Formation for Spiritual Direction Program at Center for Spirituality at Work staff.

Retreats: Prayer, healing, Sabbath, spiritual formation of leaders

Availability: Open to all; experience in working with the dying, group direction.

SHENK, SHERYL L. 1046 Tulip Terrace, Harrisonburg, VA 22801

Telephone: 540 438-8880 E-mail: shenksl@aol.com

Congregation: Harrisonburg Mennonite Conference: Virginia

Experience: 1997-

Training: M. Div. - concentration in spiritual formation (EMS);

Certificate in Gestalt Pastoral Care (Tilda Norberg); Group Spiritual Direction

Wokshop, Shalem Institute

Retreats: Prayer, healing, and Celtic Spirituality pilgrimages

Availability: Women and men

SHENK, VERA SMUCKER. 1014 S. 13th St., Goshen, IN 46526

Telephone: 574 534-5290 E-mail: vsmuckshenk@gmail.com Congregation: Faith Mennonite Conference: Central District

Experience: 2002-

Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS); M.A. in counseling (Andrews University), spiritual directors month-long

intensive (Mercy Center, Burlingame, CA; 5 units CPE; Chaplain.

Retreats: Healing, prayer, spiritual formation of leaders

SHIRK, HAZEL KNICELY 2199 Secrist Ln., Harrisonburg, VA 22801

Telephone: 540 433-6050

Congregation: Lindale Mennonite Conference: Virginia

Experience: 1989-

Training: Associate Program in Spiritual Direction (Detroit Center for

Religious Development); coursework at EMS

Availability: Local women and men

SHORT, DANA 2732 CR 25, Archbold, OH 43502

Telephone: 419-446-2664 E-mail: mdshort@embarqmail.com

Congregation: Central Mennonite Conference: Ohio

Experience: 2005-

Training: Advanced Spiritual Guidance Seminary (AMBS); Spiritual

Guidance Practicum (AMBS) **Availability:** Open to anyone

SHOWALTER, MARY KRATZ 4622 Mt. Clinton Pike, Harrisonburg, VA 22802

Telephone: 540 246-2323 E-mail: marypikespeak@juno.com Congregation: Park View Mennonite Conference: Virginia

Experience: 2000-

Training: Certificate in Spiritual Direction (Benet Hill Monastery, Colorado Springs, CO); Institute for Spiritual Formation (EMS)

Availability: Local women and men

SMITH, JEFFREY W 2609 Staples Ave, Key West, FL 33040

Telephone: 419 966-2869 **E-mail**: <u>d</u>unidoo@hotmail.com **Congregation**: The Gathering Tree **Conference**: Southeast

Experience: 1998-

Training: Spiritual Guidance Seminar (AMBS); M.Div. in Pastoral

Care and Counseling (AMBS)

Availability: Anyone

SMITH, ROBERT 1640 Duffield St, Pittsburg PA 15206

Telephone: 319 321-3778 E-mail: richersmi@aol.com Congregation: Pittsburgh Mennonite Conference: Allegheny

Experience: 1992-

Training: Certificate in Spiritual Guidance (Shalem Institute for Spiritual Formation); M.Div. (AMBS); additional training in workshops and seminars **Availability:** Men and women in own congregation; limited availability to

others in area

SMUCKER, KLAUDIA BRADY Lancaster, PA

Telephone: 574-536-1897 E-mail: <u>klaudiasmucker@gmail.com</u> Congregation: Zion Mennonite Conference: Eastern District

Experience: 1996-

Training: Spiritual Direction Seminar (AMBS); M.Div. (AMBS); Shalem

Instittue Clergy Life and Leadership Program in 2010

Availability: Women and men

STEFFY, CAROL A 315 Alexandria Court, Marietta PA 17547

Telephone: 717 350-6452 E-mail: rocasteffy@gmail.com

Congregation: James Street Mennonite Conference: LMC-MC USA

Experience: 1993-

Training: Spiritual direction training (Kairos School of Spiritual Formation,

Wernersville); M.A. in Christian Spiritual Formation (EMS); CPE

Retreats: Spiritual growth during transitions, prayer, seasons of the Christian

Year (Advent and Lent)

Availability: Flexible scheduling during the day, evenings or weekends

STEFFY, ROGER L 315 Alexandria Court, Marietta PA 17547

Telephone: 717 406-6025 E-mail: rocasteffy@gmail.com

Congregation: James Street Mennonite Conference: LMC-MC USA

Experience: 1998-

Training: M. Div. (EMS); Training in Spiritual direction for spiritual

guides (Oasis Ministries, Camp Hill, PA)

Retreats: Spiritual formation of leaders, Scripture meditation, healing

Availability: Part time – mostly evenings or weekends

STIFFNEY, KATHY. 712 S Greene Rd, Goshen IN 46526

Telephone: 574-202-7710 **E-mail:** kstiffney@comcast.net

Congregation: Berkey Ave Fellowship Conference: Indiana-Michigan

Experience: 2011-Training: AMBS

Availability: Men and women

STOLTZFUS, JANE J. 2120 Lyndell Dr., Lancaster, PA 17601

Telephone: 717 419-8866 E-mail: karibuwote@aol.com

Congregation: Rossmere Mennonite Conference: LMC-MC USA

Experience: 2001-

Training: Lancaster Conference Spiritual Guidance Seminar

Availability: Women and men

STOLTZFUS, MARIE H. 607 College Ave., Goshen, IN 46526-4911

Telephone: 574 533-4550 E-mail: mariestoltzfus@gmail.com Congregation: College Mennonite Conference: Indiana-Michigan

Experience: 1993-

Training: Certificate in Spiritual Direction (Shalem); Advanced Spiritual

Guidance Seminar, AMBS

Retreats: Prayer, scripture meditation, spiritual growth during transitions,

seasons of the Christian year

Availability: Local women and men

SUTTER, DEBRA 306 E Sherwin Circle, Urbana IL 61802

Telephone: 217 369-6142 E-mail: debraannsutter@gmail.com

Congregation: First Mennonite of Champaign-Urbana

Conference: Illinois/Central District

Experience: 2010-

Training: Spiritual Guidance Seminar at AMBS, 2010-2011; completed the

AMBS Advanced Spiritual Guidance Seminar

Availability: men or women, all ages, local or by Skype

SWARTZ, SHELDON. 109 E Clinton, Ste 11, Goshen, IN 46528

Telephone: 574 533-2812 E-mail: Sheldon@lifeda.com

Congregation: Waterford Mennonite Conference: Indiana-Michigan

Experience: 1999-

Training: Spiritual Guidance Seminar for Pastoral Leaders (AMBS)

Availability: Men and women

THOMAS, LINDA LEHMAN. 309 Hackett Rd., Goshen, IN 46528

Telephone: 574 533-1822 E-mail: lindalehmanthomas@gmail.com

Congregation: Walnut Hill Mennonite Conference: Indiana-Michigan

Experience: 1999-

Training: MA. in Theology, concentration in Christian Spirituality (AMBS), Foundational and Advanced Supervised Spiritual Guidance Practicums

(AMBS); Gestalt Pastoral Care Trainer ((a synthesis of gestalt growth work,

healing prayer, and spiritual companioning)

Availability: Open to all

VERSLUIS III, PAUL. 1346 Ravenwood St., Ann Arbor, MI 48103

Telephone: 734 255-7006 E-mail: pversluis@comcast.net Congregation: Shalom Community Conference: Central District

Experience: 1993-

Training: D.Min. in Spiritual Care (Pittsburgh Theological Seminary) **Availability:** Women and men in local congregation and beyond

VON GUNTEN, SARA. 612 South 3rd Street. Goshen, IN 46526

Telephone: 574 534-2050; 574 971-6412 (cell) **E-mail**: saravg43@gmail.com

Congregation: Eighth St Mennonite Conference: Central District

Experience: 2009-

Training: Spiritual Guidance Seminar (AMBS), Spiritual Direction Course

(AMBS), Advanced Spiritual Direction (AMBS) **Availability**: Women and men in local area

VORAN, MARILYN HELMUTH 1543 Dogwood Court, Goshen, IN 46526

Telephone: 574 537-4322 E-mail: marilynhv@juno.com

Congregation: College Mennonite Conference: Indiana-Michigan

Experience: 1991-

Training: Coursework at AMBS; Spiritual Formation Program

(The Hermitage)

Availability: Women, local and beyond

WAGGY, DEANNA 59310 Linden Rd., South Bend, IN 46614

Telephone: 574-276-1068 **E-mail:** ot4peace@gmail.com

Website: www.DWHealingArts.com or dwaggy.com

Congregation: Kern Road Mennonite Conference: Indiana-Michigan

Experience: 2004-

Training: Stephen Ministry training and supervision (1990); Spiritual Guidance Seminar/Advanced Spiritual Guidance Seminar (AMBS);

Occupational Therapy Zero Balancing, Process Acupressure

Retreats: Holistic Healing for body/mind/spirit, learning styles and prayer, spiritual growth during transitions (life stages/passages), self-care, wellness, stress release

Availability: Daytime, some evenings, guided direction with optional Zero

Balancing or Process Acupressure

WEAVER, A. RICHARD 1001 E Oregon Rd., Lititz PA 17543

Telephone: 717 581-3812 E-mail: <u>arweaver1440@gmail.com</u> Congregation: Akron Mennonite Conference: Atlantic Coast

Experience: 2003-

Training: M.Div. (Lancaster Theological Seminary); Spiritual Direction

for Spiritual Guides (Oasis Ministries)

Availability: Men

WEAVER, JILL SCHMIDT 128 Meadow Lane, Hesston KS 67062

Telephone: 620 217-0516 E-mail: jsweaver4370@gmail.com

Congregation: Whitestone Mennonite Church Conference: South Central

Experience: 2016-

Training: Certificate in Spiritual Direction., Souljourners (Benedictine sisters

at Mt St Scholastica)

Retreats: Prayer; scripture meditation; spiritual growth during transitions;

healing; seasons of the Christian year.

Availability: Open to all people, at any place on their spiritual journey.

WEAVER, LAVINA MILLER 2684 Clubhouse Dr, Unit 204, Sarasota FL 34232

Telephone: 330 763-0233 E-mail: 14mumy@gmail.com

Congregation: Covenant Mennonite Church Conference: Central District

Experience: 1992-

Training: Masters in Clinical Pastoral Counseling (Ashland); licensed

professional counselor

Availability: Women, missionaries

WEAVER, RUTH S 1001 E Oregon Rd., Lititz PA 17543

Telephone: 717-733-1891 E-mail: rsweaver1440@gmail.com Congregation: Akron Mennonite Conference: Atlantic Coast

Experience: 2003-

Training: Certificate in Spiritual Direction (Kairos School of Spiritual

Formation); seminary studies in Spiritual Formation

Availability: Women

WEIDMAN, ROBERT (BIFF) 511 South St Joseph St, South Bend IN 46601

Telephone: 574 287-1854 E-mail: rweidman@hotmail.com

Congregation: Kern Road Mennonite Conference: Indiana-Michigan

Experience: 1992-

Training: M.Div. (AMBS); Spiritual Guidance Seminar/Advanced Spiritual

Guidance Seminar [AMBS]

Availability: Local women and men

WELDY, KAREN J. 523 N Bancroft St, Indianapolis, IN 46201

Telephone: 317 605-1674 **E-mail**: cobaltbluekaren@gmail.com **Congregation**: Southside Fellowship **Conference**: Central District

Experience: 2001-

Training: Supervised Spiritual Guidance Practicum (AMBS); M.Div. in Pastoral Care and Counseling (AMBS); Clinical Pastoral Education Internship and Residency (SJRMC); Board Certified Chaplain with the Association of Professional Chaplains; Spiritual Directors International member; Ordained Retreats: "Daughters of Mothers Who Have Died", "In the Cleft of the Rock", healing (including trauma healing), grief work, suffering, discernment, use of creative media (including death coaching)

Availability: Women

WENGER, MARGARET W 1767 Blackberry Lane, Orrville OH 44667

Telephone: 941 726-7261 **E-mail:** margaretwenger@gmail.com **Congregation:** Sonnenburg Mennonite Church **Conference:** Ohio

Experience: 2008-

Training: Summer Institute for Spiritual Formation at Eastern Mennonite

Seminary, Certificate for completion of 12 credit hours.

Retreats: Scripture meditation; spiritual growth during transitions (life stages/passages); seasons of the Christian year (such as Advent or Lent)

Availability: Women

WENGER, RUTH YODER 3304 Steuben Avenue, Bronx, NY 10467

Telephone: 917-903-8781 E-mail: RWengermail@aol.com

Congregation: North Bronx Mennonite Conference: LMC-MC USA

Experience: 2000-

Training: Spiritual direction (Center for Spirituality and Justice, NY); additional studies at AMBS, Strategies for Trauma Awareness and Resilience, Empowerment Learning (Clarity Institute)

Retreats: Scripture meditation; spiritual formation of leaders; healing (incl trauma healing); self-care for caregivers; disaster emotional and spiritual care **Availability:** Open to persons in the NYC area; open to follow-up by phone

WENGER, SANDY 626 Sunrise Ave, Harrisonburg VA 22801

Telephone: 540 421-8054 E-mail: sandy.wenger@verizon.net Congregation: Park View Mennonite Conference: Virginia

Experience: 2010-

Training: Certificate from Eastern Mennonite Seminary; Supervision training at Eastern Mennonite Seminary; Leading the Peer Group to train other spiritual directors at Summer Institute of Spiritual Formation at EMS; MA 2016 from EMU, Interdisciplinary Studies with focus in SD Supervision and Religious Studies.

Retreats: Prayer; Scripture meditation; spiritual formation of leaders; spiritual growth during transition; healing; body, mind, spirit focus (I am also a health coach)

Availability: I am available to all, in person or via skype/phone.

YODER, BETH RANCK 1209 Telegraph Rd., Perkasie, PA 18944

Telephone: 215 257-1850 **E-mail**: jbyoder@verizon.net **Congregation**: Salford Mennonite **Conference**: Franconia

Experience: 2001-

Training: D.Min. (Drew University); MDiv equivalency (Mennonite seminaries, Princeton Theological); MA Theater (Villanova University); Spiritual Direction training through Chestnut Hill College, Philadelphia, and Spiritual Guidance Seminar (Lancaster Conference); one unit of CPE. **Retreats:** InterPlay - playful, improvisational forms for body-mind-spirit

integration; Prayer; Scripture meditation

Availability: Individual and Group spiritual direction.

YODER, DON 5 Village Square, Harrisonburg, VA 22802

Telephone: 540 574-0408 E-mail: yoderda@emu.edu

Congregation: Community Mennonite Conference: Virginia

Experience: 1989-

Training: School of Spiritual Formation (Ohio Conference)

Availability: Men in local area

YODER, EMMA JEAN 5 Village Square, Harrisonburg, VA 22802

Telephone: 540 574-0408 E-mail: yoderej@gmail.com Congregation: Community Mennonite Conference: Virginia

Experience: 1991-

Training: School of Spiritual Formation (Ohio Conference), course-

work in spiritual formation (EMS) **Availability:** Women in local area

YODER, HEIDI MILLER. 1864 Mountain Valley Rd., Keezletown, VA 22832

Telephone: 540 269-4026 E-mail: yoderhm@emu.edu Congregation: Harrisonburg Mennonite Conference: Virginia

Experience: 1995-

Training: M. Div., studies in spiritual formation (EMS); Ph.D. candidate in Spirituality and Liturgical Studies (Catholic Univ of America, Washington, DC) **Availability:** Currently limited to EMS students and local congregation

YODER, SHEILA K. 2125 W. Cambridge Ave, Phoenix, AZ 85009

Telephone: 602 478-0466 Email: sheilakyoder@gmail.com
Congregation: Trinity Mennonite Conference: Pacific Southwest

Experience: 2006-

Training: Spiritual Direction training (Arizona Ecumenical Institute for

Spiritual Direction); MSW

Retreats: Prayer, scripture meditation, spiritual formation of leaders, spiritual

growth during transitions, seasons of the Christian year **Availability:** Individual or group spiritual direction

ZEHR, DOROTHY L. 5549 Alger Rd, Martinsburg, NY 13404

Telephone: 315 376-3734 Email: mdwzehr@yahoo.com
Congregation: Lowville Mennonite Conference: New York

Experience: 2007-

Training: Certificates in Spiritual Formation and Spiritual Direction (Kairos

School of Spiritual Formation, Lancaster, PA)

Availability: Women and men; multi-denominations

ZEHR, Timothy 139 Pleasant View Drive, Strasburg PA 17579

Telephone: 717 629-2015 Email: tzehr@msn.com

Congregation: Sunnyside Mennonite Church Conference: LMC-MC USA

Experience: 2014-

Training: Certificate in Spiritual Direction (Kairos School of Spiritual

Formation)

Retreats: Prayer, scripture meditation, spiritual growth during transitions,

seasons of the Christian year **Availability:** Open to all

Mennonite Church USA Mennonite Spiritual Directors Network

Steering Group:
Kevin Clark, Harrisonburg, VA
June Mears Driedger, Lansing, MI
Sally Weaver Glick, Goshen, IN
Marlene Kropf, Port Townsend, WA
Eric Massanari, Newton, KS
Jane Hoober Peifer, Lancaster, PA

What is spiritual direction?

Spiritual Direction

The work of spiritual direction is to pay attention to God's movement in your life. Sometimes called "spiritual guidance" or "spiritual companioning," spiritual direction is a confidential relationship in which you receive help in noticing and responding to God. The true director is always God's Spirit. Usually individuals meet one-to-one with a director. Some relationships are long-term; others are short-term as individuals seek guidance for specific decisions or experiences. Some people prefer to meet with a small group designed for group spiritual direction. Because God works in and around us, a central question in spiritual direction is how to pay attention to the stirrings of God. The spiritual director listens for God's movement in your life, asks questions, makes observations, and offers suggestions. You are always free to respond to God's initiatives in whatever way you choose.

Who can benefit from this ministry of spiritual direction?

- Anyone going through a time of discernment, that is, trying to ascertain the what, when, where, how, who, and why of God's leading;
- Anyone going through a dry spell in their spiritual walk, who may be feeling disconnected from God or spiritually unmotivated;
- Anyone going through a difficult time and yearning for God's healing mercy and grace;
- Anyone wanting to deepen his or her relationship with God and to move toward a greater depth of spiritual maturity.

What spiritual direction is not:

*Spiritual direction is not psychotherapy or counseling. Some people meet with both a therapist and a spiritual director, but the work of each is distinct. *Spiritual direction is not career counseling. Some people meet with a spiritual director to discern God's vocational call, but the director does not offer advice or evaluate skills and talents.

*Spiritual direction is not financial counseling.

${\it Questions\ to\ consider\ in\ spiritual\ direction:}$

- 1) What is happening in my life that is occupying my attention or distracting me from God?
- 2) What feelings are being triggered in me by what's happening?
- 3) What is influencing my beliefs about God, myself, and others?
- 4) How does God feel about me and my lament?
- 5) What does God want to do in me?
- 6) How am I responding to God and what God desires to do in me?
- 7) How can I better respond to God?

Group spiritual direction:

Spiritual direction in a group is a process in which individuals meet together on a regular basis to help one another in growing awareness of God's presence throughout life. The individuals seek support for their listening and responsiveness to God and they agree to support others to do the same. Some directors are available to provide group spiritual direction.

Finding a spiritual director:

Some people find a spiritual director through referrals from their pastor, congregational lay leaders, or a trusted friend. Other people find a director by a list like this one.

Consider the following when seeking a spiritual director:

*Location: Do you want to meet with someone monthly? Then consider meeting someone who lives near you. If you want to meet with someone quarterly, then someone at a distance might be appropriate. Some spiritual directors offer direction at a retreat center—do you want to experience a day retreat that includes meeting with a director?

*Gender: Some people want to meet with a director that is the same gender as themselves. Some directors only work with one gender, while others are open to all.

*Training: Meet with someone who has received spiritual direction training either through a seminary program or a certificate program.

*Fees: Many directors expect payment when meeting with a directee.

Spend time praying for guidance and wisdom as you search for a spiritual director. Trust that God will lead you as you seek.

Contacting a potential spiritual director:

- *Ask if the director is available to meet with a new person.
- *Ask if the director has specific days or times to meet with people.
- *Ask about their training and experience.
- *Ask about their fee expectations.

The initial meeting with a potential spiritual director:

Many spiritual directors offer a first meeting for free as a way for you and the spiritual director to see if the two of you might work well together. Pray for God's wisdom before the meeting and trust the nudging of the Holy Spirit when you are with the spiritual director.

Consider the following:

- *Do you feel at ease with this person?
- *Ask the director to describe a session.